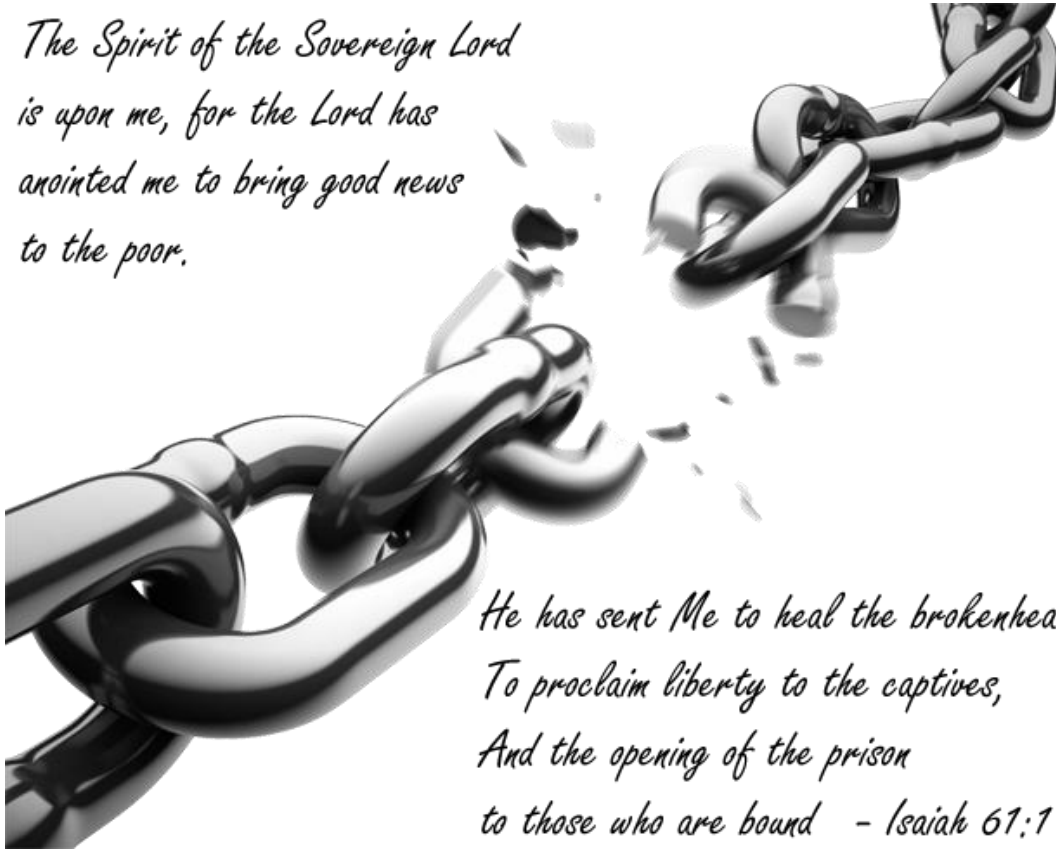


'Curses'

Inner Healing and Deliverance Prayers

*The Spirit of the Sovereign Lord
is upon me, for the Lord has
anointed me to bring good news
to the poor.*



*He has sent Me to heal the brokenhearted,
To proclaim liberty to the captives,
And the opening of the prison
to those who are bound - Isaiah 61:1*

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*******Most of the prayers in this PDF are unique and not a replica of other people's ideas ~ they are created through revelation of the Holy Spirit and our view of what He has shown us as He works with us. There may be the odd prayer or idea that has been added to our Ministry from others because it impacted us, but more often than not you will be viewing an original.***

All prayers are subject to change as God gives new insight and revelation. All prayers are to be prayed out loud. Often you will see we ask you to do a prophetic act. A prophetic act is an action of obedience as a step of faith in the natural (physical) realm that supports God's workings in the spiritual realm, to release the power, presence and victory of God into a situation.

Prayer of Protection: “Father God in the name of Jesus Christ and by the Power of Your Holy Spirit I pray that You would guide me through this journey of deliverance and healing. I thank You for the presence of the Holy Spirit.

I ask for Your protection, and that I am covered with the Blood of Jesus Christ. I also pray this protection over my loved ones, our pets, our belongings and our surroundings.

With the authority given to me by the Lord Jesus Christ of Nazareth, I bind you Satan, all demons and any other agents of Satan, my own human flesh which is antichrist, from any harm or attacks targeting me, my family, our homes and properties, our pets and belongings, our health and our finances, our businesses and our ministries.

I also bind you from any interference, distraction, transference, or blocking or counterfeiting the Holy Spirit, in Jesus name. I bind up and forbid any counterfeit gifts, un-godly manifestations, and lying signs and wonders, in Jesus name.

Father God, I thank You for Your heavenly angels and pray that they would be released in accordance with Your word.”

Please Note - Many of our prayers as an added precaution will include the term ‘ancestors’ to cover any sins that they may have participated in that you are unaware of.

Curses, Bitter roots and Inner Vows - Curses can be damaging things we speak over ourselves or others knowingly or unknowingly, which can bring these very things into fruition. Others can also curse us knowingly or unknowingly. ***Not what goes into the mouth defiles a man; but what comes out of the mouth, this defiles a man (Matthew 15:11, NKJV).*** Curses can also come into operation from our own sins or ancestral sins and can be generational, such as depression, financial struggles, certain illnesses etc. Many bondages such as blocked emotions, perfectionism, obsessive compulsive disorders, anxiety, etc. are often the result of a curse operating. These kinds of curses are a result of the punishment system that was in place before we gave our lives to Christ. Although they are taken care of at the cross we may still have to appropriate the lifting of these curses from ourselves and our families by using the tools that God has given us. Inner Vows are strong proclamations we speak over ourselves time and time again. It is also where we make a promise to ourselves that we will never be like so and so, or that we will never do a certain thing. The problem is it is almost nearly impossible to keep these vows so that when we break them it gives satan another opportunity to afflict us as we have broken a binding contract we made with our self. ***If a man makes a vow to the Lord, or swears an oath to bind himself by some agreement, he shall not break his word; he shall do according to all that proceeds out of his mouth (Numbers 30:2, NKJV).***

Making judgments against others by proclaiming we never want to be like them also brings judgement into the equation as we are unrightfully judging someone else’s actions. With bitter roots there is also an un-confessed sin which is the negative reaction to a hurt or circumstance. It can also be a judgement or belief that everyone is

like the person who hurt you. A bitter root can also be the cause and effect of a certain judgment about a circumstance or person. Bitter root judgements usually end up causing you to be in the very situation you have judged, or you may turn out 'just like your mother' when you vowed and declared you didn't want to be like her. 'You reap what you sow'. If the ones we are judging are our parents then another sin comes into play as the bible says to 'honour thy mother and father'. One single act can bring three sins into action - the judgment, the vow and the dishonour.

Example of a bitter root: A woman is brought up by a critical father, she feeling wounded and rejected, learns to protect her heart by withdrawing from him. Her experiences with dad form a picture of "men." When she marries, she fears pain and consciously (or unconsciously) projects her expectations onto her husband, holding him at a distance. The husband feeling rejected appeals to her to share with him. She interprets this as criticism (whether it is or not), and pulls farther away.

Judgements and expectancies: The judgement is the seed planted in childhood and it may be forgotten by the one whom has made the judgement. It is after the child has grown, that the bitter root expectation comes into play. The example of the critical father and the girl who judged him, there by judging all men that they will all be critical and that the girl will have to protect her heart. She will reap through her husband and other men what she experienced with her father. **Who is responsible and accountable?** WE ARE! God holds us accountable for our sinful reactions to what has taken place in our life. When there is a judgement, we begin to reap what we have sown. We need to repent of the sinful reactions, inner vows and judgements we have made.

(PRAYER) – “Holy Spirit please show me any: 1) Curses 2) Bitter roots 3) Inner vows”

(Write them down)

"In Jesus name I repent Father God for all sins my children, ancestors and I have done that have enabled curses to operate. I repent for spoken and written curses and inner vows we have put upon ourselves and others. I repent for all inner vows and proclamations we promised that we would or wouldn't do and broke. I repent for the negative reactions, thoughts, beliefs and judgements we have spoken or committed towards ourselves and others, especially when dishonouring our mothers, fathers and anyone else in authority. I renounce all lyrics we have sung knowingly and, or unknowingly that opened the door for curses to come into our life. I forgive the people who have cursed and judged us. I repent dear God for defiling myself with what comes out of my mouth. **Set a guard, O Lord, over my mouth; Keep watch over the door of my lips (Psalm 141:3, NKJV).** All decrees and requirements that are written against us I nail to the cross of Christ. Thank You Jesus that You became a curse for me so all curses can be broken from my life.

I pray that you would continue to reveal all curses in operation to me and reveal the keys on how to break them. I break all curses from any ancestors who were hung on a tree in Jesus name. I erase all detrimental words written and spoken and erase them from the matter of creation in Jesus name. I break all ungodly soul ties I have formed with myself as well as all ungodly soul ties formed with others as a result of curses. I remove the binding that was used in Jesus name. I break all death and witchcraft

curses in Jesus name. I command all demons on curses, including spoken, written, generational, poverty, illegitimacy, death, witchcraft and infirmity, as well as all bitter roots, bondages and inner vows to leave in the name of Jesus Christ. I break the cyclical roots that formed as a result of bitter root judgments. **No weapon formed against you shall prosper and every tongue which rises against you in judgment, you shall condemn. This is the heritage of the servants of the Lord, and their righteousness is from Me says the Lord (Isaiah 54:17).** I release health, wealth, blessings, freedom and prosperity in Jesus name.”

Violating Free-will/Caging Incantations - The word free will according to dictionary.com is the ability to choose, think, and act voluntarily. The Bible never uses the word free-will but we know by the word that God has given man the ability to choose, think and act voluntarily. Man has a will and God has a will. The word will means our desires, pleasures and choices. Jesus expressed when He was about to be crucified that although this wasn't something He wanted to go through He wanted to do the Father's will instead of His own. **And He was withdrawn from them about a stone's throw, and He knelt down and prayed, saying, "Father, if it is Your will, take this cup away from Me; nevertheless not My will, but Yours, be done" (Luke 22:41-42, NKJV).** The word **will** in this passage in Greek is **θελημα thelema** and means 1) what one wishes or has determined shall be done 1a) of the purpose of God to bless mankind through Christ 1b) of what God wishes to be done by us 1b1) commands, precepts 2) will, choice, inclination, desire, pleasure.

Many times the will of man is opposite to the will of God. God gives us the choice to hand over our wills to Him. He will never over-ride and try to control our wills because He is sovereign and a gentleman. He allows us the freedom to choose. Our choice should always be the same as Jesus – to bind our wills in alignment with the will of God. The devil on the other hand wants to take our choice to choose and will try and control our free-will. Other people in our lives can even try and control us to act or think the way they believe is right. Well-meaning Christians can even pray prayers in accordance with what they believe the will of God is in your life.

A caging incantation is a powerful incantation where a person is put in a cage spiritually. It is commonly used by servants of Satan, especially against Christians. The Caging Spell is a spell which destroys the individual's conscious, subconscious and unconscious mind, for the purpose of gaining control over the victim's life, eventually manipulating the free will. It can be the very reason Christians can have mind-sets against the truths of God and not be able to break free from them. How can one succumb to such prayers? One example is in ritualistic abuse where the victim is tortured and their mind is so fragmented it is easily manipulated and controlled by the abusers. Other examples are where we willingly or even unknowingly allow others control of our minds, thought processes and even our decision making. Take hypnosis for example – we are actively giving up our will to choose. We give the practitioner control over us. These things then become an open door for others to manipulate and control our thoughts and actions and of course that same door can be the avenue in which occultists use to send caging incantations against us. How many times have we said to others “I can't make the decision, you

make it for me”. This too becomes an open door where we have unknowingly given our free – will to another.

Just recently I had an email from someone who had come across the prayer and prophetic act I had for someone who was caged and he showed me an amazing bit of extra revelation on how God had shown him how to set a young man free who was caged by satanists. This is what he wrote me:- ***God explained to me that this mans will had been broken up into different pieces (alters, I guess) so that others could control his will (you can't control a whole will, but a divided one is easy to manipulate). Therefore, this persons free will was bound or imprisoned, and the cult's will and the 'wills' of the principalities and demons related to him were controlling him. God told me to ask Him to bind the will of these five entities who were controlling him so that he could regain full control of his own free will and then release Him to work on his behalf. The entities were principalities, demons, the cult, his parents, the pastors at his church, and everyone else. No more than fifteen minutes after I'd done what God told me to do, the young man returned home. His face was glowing (light was coming off his face); his demeanour was totally different and 'new'. The wills of the entities controlling his will had been bound, and his will had been released so that he could think and reason and decide for himself.***

When I first read this I struggled with the fact that God would bind the will of another human being because I know that He would never violate free-will. Pondering this I received a revelation from the Lord and this is what He showed me: - ***Binding someone's will is temporarily rendering them unable to make decisions. It isn't about God exerting His power and over-riding their ability to make a choice or decision and replacing it with His choices. By doing this God is not violating free-will He is just temporarily disarming it. It is similar to when God sends confusion into the enemies' camp to render them useless to make wise decisions. Occultists bind the free will and then over-ride it with their ideas, thoughts and decisions. God does not. God will never violate free-will and over-ride it but He can temporarily bind it (render it inactive). God will only do this in extreme cases and when necessary. When He binds the wills of the perpetrators they can no longer over-ride another's free will.***

(PRAYER) – “I repent Father God where I have willingly and or unknowingly allowed others to violate my free-will. I repent if I and my ancestors have ever tried to violate and over-ride the free-will of others. I forgive and bless those who are attempting to over-ride or manipulate my free-will. Father God I ask that You would bind the will of all entities who attempt to control my freewill, thoughts, ideas and decisions. I loose my mind from them in Jesus name. I release You Lord Jesus Christ to work on my behalf.

(Prophetic act) - Cut yourself free. In the name and power of Jesus Christ I cut myself out of this cage. I come against all incantations, curses, voodoo, hexes, and witchcraft that have been sent against me. I command all demons associated with caging incantations to go in the name of Jesus Christ. I ask that You Father God would bring my mind back into wholeness and proper alignment. In the name of Jesus I bind myself to the will of God, the truth and the mind of Christ.”

Rash Vows – Things we speak in haste to which we can be held accountable.

“Again you have heard that it was said to those of old, ‘You shall not swear falsely, but shall perform your oaths to the Lord.’ But I say to you, do not swear at all: neither by heaven, for it is God’s throne; nor by the earth, for it is His footstool; nor by Jerusalem, for it is the city of the great King (Matthew 5:33-35, NKJV)”.

(PRAYER) – “I ask the Holy Spirit to show me any rash vows made” (Write them down).

“Father God in the name of Your Son Jesus Christ I repent and renounce all vows made to You and/or others which were broken and never kept including *(name them)*. I ask You to erase them from me and my family line. In the name of Jesus Christ I address all demons attached to rash vows and break every hold and access point and command you to leave”

Ordinances/Promises/Committing Perjury - **Ordinance** - An official rule or order. The ordinance mentioned in **Colossians 2:13-15** that was nailed to the cross of Christ was the rules and requirements of the law of Moses; carrying a suggestion of judgment and penalty.

Committing Perjury – The deliberate giving of false, misleading or incomplete testimony under oath. You are also committing perjury against God if you have ever sworn you are telling the truth. To swear to something actually means you are calling upon God to witness what you speak is truth.

Oath - A solemn promise, often invoking a divine witness, regarding one's future action or behaviour.

God showed me a vision of a tree with a handwritten ordinance nailed to it. He told me that there was a handwritten ordinance against me which couldn't be nailed to the Cross until I had dealt with it. What He showed me was that when I was a Brownie and a Girl Guide I had made a promise (which was part of the ceremony) to honour my God and Country. The problem with this is that the Brownies is rooted in Freemasonry so I was promising to honour the god of Freemasonry (unbeknownst to me). The devil had a right to hold me to this contract. Now that I was a Christian I had broken this promise to serve my god (the devil) and he had nailed it to a tree as a written ordinance against me. God told me I needed to repent and renounce this ceremony and promise I had made and to also repent for breaking promises I had made (even though it was the right thing to do). When you make a promise to someone or something you need to repent for breaking the promises you made - even when the promise in itself is wrong! ***If a man makes a vow to the Lord, or swears an oath to bind himself by some agreement, he shall not break his word; he shall do according to all that proceeds out of his mouth (Numbers 30:2, NKJV).***

“Again you have heard that it was said to those of old, ‘You shall not swear falsely, but shall perform your oaths to the Lord.’ But I say to you, do not swear at all: neither by heaven, for it is God’s throne; nor by the earth, for it is His

footstool; nor by Jerusalem, for it is the city of the great King. Nor shall you swear by your head, because you cannot make one hair white or black. But let your 'Yes' be 'Yes,' and your 'No,' 'No.' For whatever is more than these is from the evil one (Matthew 5:33-37, NKJV). It is the broken promise or oath that enables satan to exact revenge against you.

(PRAYER) - "Holy Spirit can you please show me any ordinances against me as well as any legal binding promises I or my ancestors have made that need to be dealt with". *(Write them down)*

"Father God I pray this prayer on behalf of myself and my ancestors. I repent in the name of Jesus Christ for committing perjury against God. I repent for all the times we called upon Your presence and swore to tell the truth but didn't. I repent for all promises, vows, decrees, contracts, regulations, oaths, ceremonies, laws, legal transactions and practices made that were Godly and never kept. I repent also for promising to honour and serve other gods, goddesses and deities other than Jesus Christ. I repent and renounce all promises, vows, decrees, agreements, contracts, regulations, oaths, ceremonies, laws, legal transactions and practices made to people, other gods, goddesses, angels, deities, societies, clubs, churches, and groups that were contrary to the ways of Jesus Christ including *(name anything shown)*. Your word says that we must not break our word after we have bound ourselves by some agreement so I repent also for every time we bound ourselves by an oath and broke our word. I today make a new promise to honour my God Jesus Christ and serve Him and the Kingdom of God and make myself available to Jesus Christ for Him to use me for His good works and purposes. Every curse received as a result of these things toward me, my family and any descendants I now break with the name and power of Jesus Christ. I nail every handwritten ordinance against me and my family to the Cross of Christ and replace every curse with a blessing in Jesus name. All demons that are assigned to me and my family I declare that assignment is terminated and I command you all to leave in Jesus name".

Curse of Barrenness - Barrenness is a curse and was operating in my life until the Lord showed me how to break it. **Barren** - Not producing results, infertile, fruitless. Barren is simply lack of blessing. We can be barren in our wombs, health, our heart, our homes, finances and lives. If you are not walking in the fullness of the blessings of God in all things, it could be because of a curse of barrenness. The curse of Barrenness seems to run in families, sometimes in the same areas or different areas but still the same curse. Barrenness can enter through many doorways, as it is walking contrary to the ways of God that generate lack of blessing in our lives. In my case Freemasonry was one of those avenues. Freemasonry was prevalent in my ancestry which paved the way for desolation and destruction to enter. Rebellion and disobedience in my life enabled it to become deeper entrenched, usually through ways of enticement which simply added more curses into the mix. Rejection was then introduced. Rejection can be rejection directly towards you from others, or your own rejection towards Jesus, or others. Rejection brings in lack of trust towards God and others. We can build walls of protection around our hearts, in the false belief it will

protect us. If we have had rejection from our parents, it can bring in the orphan spirit. Grief usually starts to manifest and can also be locked and hidden away within our wounded souls. Pride can also come in also as a result of rejection. Pride can be rooted in an inferiority complex. Perfectionism and striving for approval is usually what happens next. Unworthiness and condemnation start to set in, because in our own strength we cannot attain to perfection. This sets the stage for complaining and self-destruction. Self-destruction brings in the spirit of infirmity as we speak curse upon curse over ourselves.

Barrenness seems to build upon each area until it becomes so entrenched it becomes a stronghold. We have put together many prayers that deal with areas in our souls and lives that are creating blockages from receiving all that God has for us. Using the many prayers provided on this page will enable you to break many curses of desolation that may be over your life.

(PRAYER) - "In the name of Jesus Christ I repent for myself and my ancestors for every area in our lives where we have walked contrary to the ways of God. I pray that You would reveal every area in my life which is barren and not producing good fruit so I can repent and turn away from this and walk right into the blessings purchased for me from the Lord Jesus Christ. I break the curse of barrenness from my life, my children's life, any grandchildren and all future descendants in Jesus name. I declare we will be fruitful and multiply in Jesus name. I declare also desolation, destruction and ruin to be broken off our lives and I command all demonic spirits associated with these things to leave in the name of Jesus Christ. I pray for the restoration of all things that the enemy stole from me and my family and ask Father God that You would help us to retrieve everything! I claim back everything that was stolen from us. I hand it to You to filter through the blood of Christ and accept back only that which is washed and ordained by the Father, Son and Holy Spirit. I release blessings and pray for the Heavens to open up and pour out these blessings on me and my family in Jesus name. I declare Isaiah 54 over my life".

(Read Isaiah 54 out loud)

*****After verbally doing the prayers sometimes a series of circumstances need to be outworked before freedom and blessings can come. Sometimes when one prays, the result can be immediate, but more often than not, it needs to be outworked through a series of trials and tribulations.*

Generational Curses – The topic of Generational Curses is quite a controversial topic within the Christian circle. Many do not believe this is an area in which Christians can be affected but Mark and I, in our experience, believe it is one of the most common reasons why Christians can have demons, curses, sickness and disease.

Some Scriptures that those who don't believe in Generational curses quote are as follows - **"Fathers shall not be put to death for their children, nor shall children be put to death for their fathers; a person shall be put to death for his own sin" (Deuteronomy 24:16, NKJV).**

“Yet you say, ‘Why should the son not bear the guilt of the father?’ Because the son has done what is lawful and right, and has kept all My statutes and observed them, he shall surely live. The soul who sins shall die. The son shall not bear the guilt of the father, nor the father bear the guilt of the son. The righteousness of the righteous shall be upon himself, and the wickedness of the wicked shall be upon himself (Ezekiel 18:18-20, NKJV). Those who quote these verses claim that Generational curses ended here when Ezekiel spoke those verses which proves that Christians are no longer afflicted by this today. If you read **Luke 11:46-51** you will see Jesus is speaking to the Pharisees about generational curses and the blood of the prophets being on this generation for the shed blood of all the past prophets from them and their fathers. This clearly shows that generational curses were still in operation to those who transgressed the law of God. I realise that this passage is quoted before Jesus went on the cross so I am merely using this to show that the punishment crescendo did not stop in the Old Testament when Ezekiel quoted the above verses like some believe. In regard to the passages quoted in Ezekiel, at first glance it does appear that the Generational curses stopped there and then, but we need to understand more of what these Scriptures actually mean. In the Old Testament when a Father sinned, not only could he be put to death as punishment for his sin, but his children could also. God removed this law so only the one who sinned would be put to death. This also included being cut off from God resulting in spiritual death. Another thing that this verse did was ensure that the Generational iniquity stopped being passed down when one did what is lawful and right by following the laws and statutes of God. Only those who followed God and kept His law were exempt from this punishment of handed down sin and death.

What does this mean today? The good news for us, is that when one becomes a Christian by giving their life to Jesus (and becoming born-again) we take on His righteousness, so we are no longer judged guilty in the eyes of God. We don't need to follow the law to get saved and we are no longer cut off from God the moment we accept Jesus as our Lord and Savior. We are saved, born-again into His Kingdom and inherit eternal life simply by believing in Jesus and His work on the cross to save us. Not only this but once we become a Christian we now stop inheriting the guilt of the forefathers, even when those who still have grandparents and parents who are still alive are still committing sin, because we are judged righteous. In other words once you are saved the punishment crescendo of Generational curses stops being handed down from this point. Jesus freed us from the curse of the law. The curse of the law was the punishment system for sin. Generational curses were part of the curse of the law and there was steep punishment system for sin. **Christ has redeemed us from the curse of the law, having become a curse for us (for it is written, “Cursed is everyone who hangs on a tree”) (Galatians 3:13, NKJV).**

You may now ask at this point am I contradicting myself? On one hand I am agreeing with the fact that Generational curses stop being handed down after you are born-again and on the other I am still saying that they need to be dealt with. Why do they still have to be dealt with if the moment you are born-again the punishment for Generational curses is stopped? Generational curses stop being passed down once you are saved (this means any new sin committed by your unsaved parents or grandparents who are still alive) will not be passed down to you or your descendants anymore, but **any previously inherited** generational curses or

sins you have inherited before you were born-again are still with you and need to be dealt with the same as all other sin in your life.

Why is this? The Generational curse system has always been in place for those who did not keep the law of God (before Christ), and to those who are not saved. ***And the Lord passed before him and proclaimed, "The Lord, the Lord God, merciful and gracious, longsuffering, and abounding in goodness and truth, keeping mercy for thousands, forgiving iniquity and transgression and sin, by no means clearing the guilty, visiting the iniquity of the fathers upon the children and the children's children to the third and the fourth generation". (Exodus 34:6-7).*** I took this Scripture back to the original Hebrew words and the word for 'iniquity' in the verse was 'avon which means **fault, guilt, blame, punishment and consequence of iniquity**. Before we are born-again any sin committed by our ancestors three to four generations back means we are automatically judged guilty - the blame is on us as well as our ancestor who committed the sin. When our ancestors sinned we inherited our ancestor's sin. It is as though we ourselves committed the sin. We may even be carrying an iniquity from a sin committed even further back than the third and fourth generation as the word tells us that some sins are also punishable to the tenth generation whilst others are forever. ***"Moreover all these curses shall come upon you and pursue and overtake you, until you are destroyed, because you did not obey the voice of the Lord your God, to keep His commandments and His statutes which He commanded you. And they shall be upon you for a sign and a wonder, and on your descendants forever" (Deuteronomy 28:45-56, NKJV).*** This even includes the sin of Adam and Eve. The main curse pronounced over Adam and Eve and their descendants (us) was the curse of death over our physical bodies and spiritual death (separation from God). When we are born-again the spiritual death is instantly removed as we are reunited with God as sin no longer separates us from Him, but clearly our physical bodies are still aging and subject to the curse and need to be resurrected in Him. Our soul and physical body are still inflicted with sin at this point and we need to be cleansed through the sanctification process. Paul the Apostle talks very clearly of the sin that is still afflicting him (**Romans 8**).

Sanctification is a process of healing and deliverance. We are sanctified (set apart and rendered holy) the moment we are born-again, but we also continue being sanctified (cleansed, delivered and changed into the likeness of Jesus) every day from that point. In other words being saved is likened to a two part process – the first part where you are saved through faith and not your own works. If you died at this point you would inherit the Kingdom of Heaven. The second part is where you let go of the world (die to yourself) and inherit the Kingdom of Heaven by bringing heaven to earth. It is all about dying. The old you has to die so you can be raised in newness of life – through either physical death when God is ready to take you home, or through the dying to self-process where you are letting go of the world and seeking the Kingdom. Jesus is in Heaven seated at the right hand of the Father and when Jesus enters your heart through His Holy Spirit He brings Heaven to your earthen vessel. Healing of the entire soul (heart) and physical body is however not instantaneous the moment we accept Jesus as our Lord and Saviour and is a process as we walk in obedience to Christ through obeying the leading of the Holy Spirit. ***This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh (Galatians 5:16, KJV).*** The word walk in Greek is **Peripateo** and means 1)

Hebrew for, to live 1a) to regulate one's life 1b) to conduct one's self 1c) to pass one's life.

All we like sheep have gone astray; we have turned everyone to his own way; and the LORD hath laid on him the iniquity of us all (Isaiah 53:6, KJV). The iniquity that God laid upon Jesus at the cross was our guilt and punishment for breaking the law. Jesus was held responsible for every sin we broke through not keeping the law. Jesus had already achieved keeping the whole law by Himself so it cancelled out this iniquity – in other words He had power over it. This selfless act removed the curse of the law. We are no longer under the law. We are saved and will now inherit eternal life in Heaven. It is a free gift. Although God went ahead of us and laid the sin of the whole world upon Jesus at the cross He does not violate free-will. Free-will is the freedom to choose our course of action and follow suit. If God laid every man and woman's sin upon Jesus at the cross and that is all that had to be done then every man and woman in the world would be saved right then and there – the moment it happened– unbelievers and believers. This is proven to not be the case. We have the choice to believe in Jesus and His work on the cross and enter into it or not. This means we also have to be willing to lay our sin upon Jesus. In other words we have to be willing to repent and turn away from it. **1 Peter 2:24** says that He bares our sin in His own body, that we being dead to sins should live unto righteousness. Being dead to sin means we have to die to sin. This means we have to also go through the cross with Christ and allow Him to crucify the flesh. **Know ye not, that so many of us as were baptized into Jesus Christ were baptized into his death? Therefore we are buried with him by baptism into death: that like as Christ was raised up from the dead by the glory of the Father, even so we also should walk in newness of life. For if we have been planted together in the likeness of his death, we shall be also in the likeness of his resurrection: Knowing this, that our old man is crucified with him, that the body of sin might be destroyed, that henceforth we should not serve sin. For he that is dead is freed from sin (Romans 6:3-7, KJV).** Until we have died to our old selves' and crucified the flesh, sin still resides in us. We need the Holy Spirit to help us put to death the deeds of the flesh otherwise we reap corruption. There is still a reaping and sowing effect in place – whatever we sow we will also reap – good and bad. Crucifying the flesh is all part of the sanctification process.

How do we do this? By acknowledging we have sin by confession and repentance so the Blood of Jesus can remit the sin. We need to yield up (surrender) our sins to Jesus as this is our part of appropriating what Jesus did for us at the cross. The soul and physical body are not made new at the time of our conversion – we have to outwork what Jesus attained for us by letting go of the sin that God has already gone before us and dealt with. He went ahead of us and prepared the way. It is now up to us to follow suit and let it go. Too many of us are holding on to things we shouldn't be. If the Holy Spirit convicts you of a sin then this means it hasn't been forgiven (because you are still holding on to it and not handed it over to Christ to help you deal with it) which means it still holds power in your life. Sin needs to be confessed. It is the confession of the sin that enables the sin to be forgiven. **Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy (Proverbs 28:13, NKJV).** Having sin in our lives that is yet to be dealt with doesn't hinder the first part of the sanctification process – we are still saved, we are still righteous and we are no longer separated from God as salvation is a free gift given by God to those who believe.

The second part of the sanctification process is seeking first the Kingdom of Heaven and His righteousness so everything else can be added unto you (**Matthew 6:33**). It is all about gaining the Kingdom of Heaven on earth. We need to surrender our all to Jesus. Unyielded areas (which are the areas we are holding onto) pose a problem for us because the Bible tells us to lay down our lives for His sake. Jesus has offered His life for our life. All we need to do is take it by submitting our spirits/souls, bodies, and entire lives to Jesus. It is a swap. There is an exchange that happens at the cross. **He who finds his life will lose it, and he who loses his life for My sake will find it (Matthew 10:39, NKJV)**. This is harder than we think. There are many areas in our lives that we want to hold on to. Take pride for example, we need to exchange our pride for the humility of Christ. That is incredibly difficult. Man is incredibly prideful in many facets of life. Another example is impatience. Humans are incredibly impatient. We need to walk through some pretty tough trials in order to take on the patience of Christ. Interestingly the word patience in the KJV is 'longsuffering'. We cling to these areas and stubbornly refuse God access to them. Sometimes we may think we are yielding them, but God sees our heart and knows when we are not. This poses a problem! Any area not submitted to God is not brought under the Blood of Christ. This means it stays in the hands of the devil. The devil has a legal right over these areas. All unyielded areas have not passed through the Cross. These areas remain unchanged and untouched until you actually go through the Cross. Just as a dirty car has to go through a carwash to come out the other side clean, so do we have to go through the cross to come out the other side clean!

All previous inherited sins, demons and curses from our ancestors also remain with us until they are dealt with by Jesus and brought through the Cross. Why? Because they were already judged and deemed to be our sin because of when we were under the Generational curse system. There comes a time when God needs someone to take accountability for them by repenting and then giving them to Christ for cleansing. Christ is the door and is now on the other side of the Cross sitting at the right hand of the Father in Heaven. To go through the door you need to first go through the cross. **I am the door: by me if any man enter in, he shall be saved, and shall go in and out, and find pasture (John 10:9, KJV)**. We may need repentance, deliverance and healing in those areas before we can let them go and accept Christ into them. All unyielded areas are still seen as sin and need to be confessed and sanctified by using the name and power of Jesus Christ. This includes the previously inherited sins of our forefathers as they already become our sin **before** we were born-again.

Our DNA also bears the corruption of sin – our own sin and the sin of our ancestors corrupt and change our DNA. What is DNA? DNA stands for deoxyribonucleic acid and is a long molecule that contains our unique genetic code. DNA, along with the instructions it contains, is passed from adult organisms to their offspring during reproduction. In sexual reproduction, organisms inherit half of their nuclear DNA from the male parent and half from the female parent. DNA is found inside a special area of the cell called the nucleus. Because the cell is very small, and because organisms have many DNA molecules per cell, each DNA molecule must be tightly packaged. This packaged form of the DNA is called a chromosome. Genes are hereditary material that lies within the cell nucleus. Genes, which are made up of DNA, act as instructions to make molecules called proteins. To function correctly, each cell depends on thousands of proteins to do their jobs in the right places. Sin causes the

corruption and changes in the genetic code of man which needs to be healed. Many diseases or sickness we see are caused by corruption in the DNA. This corrupted DNA and genetic anomalies get passed on through our bloodline from generation to generation because of the generational curse system. Science shows us things like cancer being caused through a faulty gene. The faulty gene is the result of the sin and it is that gene that is inherited from parent to child. Only the blood of Jesus can remit the sin and heal the corruption in our faulty genes. Blockages on our end need to be cleaned out before we can sometimes receive the Blood of Jesus into these areas. Blockages are things like sin and unyielded areas.

For a long time we have sought the Holy Spirit on how to remove ancestral sins from people. He would reveal by prophetic revelation actual sins so repentance can take place by standing in the gap and repenting on behalf of yourself and your ancestors. ***"But if they confess their iniquity and the iniquity of their fathers, with their unfaithfulness in which they were unfaithful to Me, and that they also have walked contrary to Me, and that I also have walked contrary to them and have brought them into the land of their enemies; if their uncircumcised hearts are humbled, and they accept their guilt— then I will remember My covenant with Jacob, and My covenant with Isaac and My covenant with Abraham I will remember" (Leviticus 26:40-42, NKJV).*** Even after this I was noticing there was not much change taking place. I sought Him and asked what we were missing. This is what He spoke: ***"Until now people haven't known how to appropriate removing Generational curses at the Cross. There is a way and you can incorporate this into your Ministry. Ask Jesus to give you a Blood transfusion using His pure and perfect Blood. It is all about the Blood of Jesus. The Blood of Jesus is missing."***

The DNA and genetic heritage in our blood carries all the sins and memories of our ancestors. This corruption within our blood can bring disease and sickness. Our blood has a voice and cries out to God day and night wanting justice and peace. We see in Genesis how the blood of Abel had a voice and cried out for vengeance. ***And He said, "What have you done? The voice of your brother's blood cries out to Me from the ground" (Genesis 4:10, NKJV).*** To clean out the corruption in our blood and DNA we need to willingly yield and surrender to Jesus our blood, genetic inheritance and natural ancestry and ask Him to filter it with His pure and perfect blood and DNA and remove everything that is not of God and His Kingdom. The blood He shed on the cross can actually cleanse our blood along with the DNA and corrupted genes. We need to ask Him to show us any corrupt roots within our blood. There can be traditions and cultures that are within our blood, or that we may even still be entering into that are rooted in witchcraft and idol worship. Some even go so far as to idolise their ancestry, in the sense that where they come from becomes an idol in itself. There can be genetic inheritance we have gained that gives us prominence and power but comes from an unGodly place. Many clients who come through our Ministry have royal blood in their ancestry. The Lord revealed that the royal family has corrupt roots, so any royalty in your blood that is not God-given needs to be laid down and removed. On top of this your own sin also causes corruption in your genes. The work on the Cross allows Jesus to remove the corruption from our blood - we just need to be willing to give it up to Him including any prominence and power handed down from generation to generation. Jesus had no flaws in His genetics. His DNA and blood were pure. The Bible tells us that it is the fathers who hand down generational curses. The word fathers in Hebrew is 'ab

and means forefather or ancestor. The Bible also tells us that man and woman become one flesh when they come together so the mother's sin will also be handed down alongside the fathers. Jesus was an immaculate conception; thereby He did not have a paternal father but He did have a paternal mother - Mary. Mary was chosen by God because she was favoured. This obviously meant she was righteous. Nothing could be handed down through her bloodline to Jesus because God had already seen to it that Mary was clean. Joseph not being Jesus' natural father claimed Jesus as his own thereby adopting Him into the lineage of David (which came from the line of Abraham which was blessed by God. Abraham's lineage was blessed. Mary was descended from Nathan (son of David) and Joseph descended from Solomon (Son of David), both of which were from the blessed line of Abraham. God even had a plan for the adopted lineage that Jesus would inherit. When you marry two become one flesh - if you have come together before marriage you actually take on each other's corruption and demonic spirits and if virgins at marriage you inherit each others Godly inheritance. Jesus is our husband and we are his bride. We become one with Christ when we accept Him as our Lord and Saviour. We then become adopted sons and daughters in the Kingdom of God and through our adoption we take on His perfect blood. We then need to allow his perfect lineage and perfect blood to purge out what is deemed unclean. ***Then Jesus said to them, "Most assuredly, I say to you, unless you eat the flesh of the Son of Man and drink His blood, you have no life in you. Whoever eats My flesh and drinks My blood has eternal life, and I will raise him up at the last day. For My flesh is food indeed, and My blood is drink indeed. He who eats My flesh and drinks My blood abides in Me, and I in him" (John 6:53-56, NKJV).*** Drinking His blood means true belief in the Son no matter the circumstances. There is a testing that takes place so that God can really see what your heart believes. His Blood is such an important part of the sanctification process. His flesh represents the word of God (His Body) and we need to understand and know the truth of His word and walk in it as it is the truth of His word that sets us free. ***(Then said Jesus to those Jews which believed on him, If ye continue in my word, then are ye my disciples indeed; And ye shall know the truth, and the truth shall make you free (John 8:31-32, KJV).***

Some Ministries may tell you to cut yourself free from your natural lineage or even denounce it to enter into Jesus's. We don't agree with this. In our process we are not cutting of our lineage, just the corruption we have inherited within the blood. Our lineage (ancestry) is part of us. Just as the Bible lists the lineage of Christ from the blessed line of Abraham we see it is also part of who Jesus was. In fact if we cut our self-free from our natural lineage it could prove very detrimental. The Holy Spirit gave me a revelation and prayer about blood ties. This is what I was shown - Blood ties are spiritual and physical and connect DNA to DNA. If a blood tie is severed as in disownment (rejection) of your bloodline and any family members then any DNA your share or have in common with that person is also rejected within your own body. This could prove detrimental to your health and wellbeing. The Word of God says in **Psalm 139** that He knitted us together in our mother's womb. All of the races and lineage you carry is not by chance. After the Tower of Babel was built God Himself scattered man into new lands and gave each a new tongue. There came about new tribes, new people and new nations. Each of these people are uniquely different with specific talents and attributes specific to their race and culture which are God-given. God wants to use these natural talents within our different races and combine them with the gifts of the Spirit and utilise them for His purposes. He

doesn't want to take away you and your own identity - he wants to transform **you** into a Christ-like creation – to be Holy as He is Holy. The problem is the corruption within each and every one of us is hindering the work of the Holy Spirit. God wants to redeem all of these races keeping their God-given uniqueness and natural talents but removing all the corruption including cultural traditions that are rooted in idolatry. **Revelation 5:9-10 (NIV) And they sang a new song, saying: "You are worthy to take the scroll and to open its seals, because you were slain, and with your blood you purchased for God persons from every tribe and language and people and nation. You have made them to be a kingdom and priests to serve our God, and they will reign on the earth.**

In regard to the resurrection into our Heavenly bodies (when Jesus returns) I believe we will then be cut off from our earthly lineage/bloodlines and adopted spirit/soul and physical body into our Heavenly lineage and Heavenly family but until then I believe it is important to honor our earthly lineages.

****Below is a prayer that I have put together addressing Generational curses. If you have children then pray and declare to God that you claim this prayer generational freedom over them and all future descendants too!*

***** In regard to the Generational prayers we believe this applies to your natural birth parents only as it is corrupted inherited genes which are in your bloodline. Adopted parents can generate ungodly soul ties to their adopted children which means you can then inherit any of their sins and demonic spirits through that soul tie. If you are adopted ask God directly to show you anything that you may have inherited from your adopted family and then deal with it through repentance, forgiveness etc. Make sure you break those ungodly soul ties and cast out any demonic spirits.*

(PRAYER) - "Father God I ask if there are any specific ancestral sins, transgressions and iniquities that need repenting and also any traditions, cultures and religions within my bloodline that have roots into idol worship of false gods. I pray too that you would show me any ungodly genetic inheritance that I need to surrender".
(Take a minute and write them down).

"Father God in Jesus name I willingly hand over my bloodline to You for cleansing and healing. In Jesus name I repent and confess all sins, transgressions and iniquities known and unknown on behalf of myself, my children and my ancestors all the way back to Adam and Eve. I repent for all religions, cultures and traditions that are rooted in idol worship. Father God I take accountability for them and express my sincere remorse for lack of accountability within my bloodline where no one repented for them. I specifically repent for *(name anything shown)*. I repent for all rejection of our natural lineage of who we are and where we came from and for any severed blood connections within my family line. I pray for all rejected DNA to be made whole, utilised, renewed, restored and accepted in Jesus name. I repent also for all idolisation of our natural lineage. I honour my mother and father and all my ancestors but I utterly turn from and renounce their sins. I willingly yield and surrender to You Lord Jesus Christ my blood and DNA so You can filter it with Your perfect blood and remove everything that is not of God and His Kingdom. I ask for the DNA of Christ to be grafted into my blood. Lord Jesus Christ I ask for You to give me a Blood transfusion using Your pure and perfect Blood. I give up all genetic inheritance, titles, blessings and power that I have obtained that is not God-given.

I willingly accept the God-given inheritance handed down to me from the Lord Jesus Christ and enter into His perfect bloodline. I forgive my ancestors all the way back to Adam and Eve for inflicting me and my children with their sins and curses. I forgive You God that Your system of handed down curses affected me and acknowledge that Your justice system is good. I thank You that now I am a follower of Christ this punishment system of handed down curses from the sins of the forefathers will no longer apply to me and my children when our forefathers sin. I renounce and remove all the demonic corruption, influence and iniquities that have attached themselves to my bloodline and declare that it can no longer affect me, my children, my life, my marriage, my circumstances, my finances, my future and my health. I declare that the Blood of Jesus will bring blessing over my life, my children and our off-springs lives, my marriage, my circumstances, my finances, my future and my health. Thank You Father for knitting me together in my mother's womb with all the different races that make me who I am in You. ***I will praise You, for I am fearfully and wonderfully made; marvellous are Your works, And that my soul knows very well (Psalm 139:14, NKJV).*** I release healing into my body and into all genetic anomalies in Jesus name. In the name of Jesus Christ I ask that You would remove these sins from the matter of creation and cleanse the memories from my DNA and heal any damage caused by the corruption. I break all generational curse lines, curses, inherited sin, ungodly soul ties between all family members and command all demons of generational inheritance and transference to leave in Jesus name. I cover the sins of my bloodline with the blood of Jesus."

****Rip paper with sins in pieces****

"Father God I now pray for a release of the blessings that were purchased by the Lord Jesus Christ for me into my life and my family's lives in Jesus name. I release exuberance, happiness, fruitfulness, abundance, well-being, triumph and Gods favour in Jesus name. Thank You Lord Jesus, Amen".

Curse of Old Age – As I write this I am 49 years old. Since I have entered into menopause I have noticed many things related to old age deterioration starting to appear. To be honest there are times I physically feel as though I am in my 90's due to the harshness of some of my symptoms. Mark and I quite often discuss the things that are beginning to break down in us and to say 'it is not fun growing old' is an understatement!

Recently a friend of mine rang me and told me that she had been praying for me and for my health issues when God showed her a vision of me and behind me was an old lady speaking toxic words over me and laughing at my symptoms. She had no idea what it meant and neither did I. Today I received a revelation on what this all meant, and I will write exactly how it came to me. Following is what I believe the Holy Spirit spoke to me ~ ***“The curse of old age and deterioration began at the fall of Adam and Eve. Before the fall man and woman ate from the tree of life (Genesis 2:9, 16-17). The curse of old age and deterioration was not so at the beginning. Adam and Eve did not reap death and destruction in their physical bodies before the fall. This curse is not taken away from man and woman until Jesus returns and you receive your new resurrection bodies. This represents the finished work by Jesus on the cross. Although He defeated death at the cross it isn't fully appropriated in you until His return. And there shall be no more***

curse: but the throne of God and of the Lamb shall be in it; and his servants shall serve him: And they shall see his face; and his name shall be in their foreheads (Revelations 22:3-4, KJV).

For He must reign till He has put all enemies under His feet. The last enemy that will be destroyed is death (1 Corinthians 15:25-26, NKJV). What does this mean then – that you are destined to live a life of destruction in your physical body until His return? Absolutely not! Jesus came so that you would have life in abundance. His life in you gives power to that which is dying. When you die to the old man who is fleshly and carnal, the new man rises up. If so be that ye have heard him, and have been taught by him, as the truth is in Jesus: That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts; And be renewed in the spirit of your mind; And that ye put on the new man, which after God is created in righteousness and true holiness (Ephesians 4:21-24, KJV). The inner man is strong, healthy and full of vitality and resurrection life. That he would grant you, according to the riches of his glory, to be strengthened with might by his Spirit in the inner man; That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love, May be able to comprehend with all saints what is the breadth, and length, and depth, and height; And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fullness of God (Ephesians 3:16-19, KJV). The renewal of the inner man (your soul) means new life flows through you, into your blood and through your physical body. The life of Jesus flowing through you cancels or negates the curse of death that is over you. It begins when you are born-again. The spirit of man (which is renewed and born-again with the life of Christ) feeds the soul with new life, which in turn then feeds the physical body. If there are blockages within the soul, and genetic corruption in the blood it prevents the physical body receiving all that new life. The blockages and corruption needs to be removed. Removing these things enables the soul and blood to receive the fullness of the new life flowing from the spirit which in turn allows the physical body (when all sin has been remitted by His Blood) to also receive the fullness and nourishment it needs. Does this mean you will stop growing old? No – but you will have no weakness in your physical body. Your inner man being renewed gives you the mind of Christ. And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God (Romans 12:2, KJV). Your transformed inner man gives life to your physical flesh.

Although your outer physical body still grows old it will no longer fail. Old age disease and destruction is halted. The old lady that your friend saw over you was ‘the old you’ (the old man) bound by this curse of death and destruction. The old lady was you – the old you who still carries the curse of death and destruction in her flesh that came from the curse of the fall. You can put to death that old lady and raise her in newness of life. How does this happen? Just as there are alters (which are fragmented parts of your soul that are caused through sin and trauma that need healing such as ‘baby you’, ‘little girl you’ etc.) there is also an ‘old lady you’ or an ‘old man you’ in everyone, which

is caused by the curse of the fall that needs healing. 'Old lady you' remembers." (God once taught me that the memory of all sin is imprinted in your DNA causing blockages until it is healed. Sin in your genetic code causes corrupted or faulty genes which needs to be healed. DNA is our unique genetic code. Many diseases or sickness we see are caused by corruption in the DNA. This corrupted DNA and genetic anomalies get passed on through our bloodline from generation to generation. Science shows us things like cancer being caused through a faulty gene. Until we have died to our old selves' and crucified the flesh, sin (past and present) still resides in us due to the corruption in our DNA. Only the Blood of Jesus can remit the sin and heal the corrupt DNA.)

He continued, ***"How is the 'old lady you' healed? Through the renewing of the soul. Beloved, I pray that in every way you may succeed and prosper and be in good health [physically], just as [I know] your soul prospers [spiritually] (3 John 2, AMP). This is My gift to all of mankind. To prosper in spirit, soul and body. When the soul is renewed, the life I give to you flows through to your physical body. The old lady can be healed by the new life flowing through to her physical body. To receive the fullness of My life, all one has to do is die – the old you has to die to then be raised up in newness of life - whether that be a physical death where one departs this world and comes home to Me – whole, healed and delivered, or through the dying to self-process where you are raised in newness of life. For if the dead rise not, then is not Christ raised: And if Christ be not raised, your faith is vain; ye are yet in your sins. Then they also which are fallen asleep in Christ are perished. If in this life only we have hope in Christ, we are of all men most miserable. But now is Christ risen from the dead, and become the firstfruits of them that slept. For since by man came death, by man came also the resurrection of the dead. For as in Adam all die, even so in Christ shall all be made alive (1 Corinthians 15:16-22, KJV). The curse of death and destruction from the fall is not taken away from creation until My return but until then there needs to be no weakness in your flesh. You can be strong in spirit, soul and body when raised in newness of life. Many of My children lived well into their hundreds but as each generation became more wicked the lifespan of man shortened. As man entered into more sin the corruption in the genes became greater. More sickness ensued. Sin is a blockage to My life flowing through each part of you. These blockages need to be removed. I can also reverse the curse of death and destruction until Jesus returns. This means I can halt it in its tracks. It will hold no power over you. And they overcame him by the blood of the Lamb, and by the word of their testimony; and they loved not their lives unto the death (Revelation 12:11, KJV). The old lady cannot be empowered by My life until you die to your old self and become born-again in your soul into the new lady. Only through death can it be broken."***

I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me (Galatians 2:20, KJV).

Know ye not, that so many of us as were baptized into Jesus Christ were baptized into his death? Therefore we are buried with him by baptism into

death: that like as Christ was raised up from the dead by the glory of the Father, even so we also should walk in newness of life.

For if we have been planted together in the likeness of his death, we shall be also in the likeness of his resurrection: Knowing this, that our old man is crucified with him, that the body of sin might be destroyed, that henceforth we should not serve sin. For he that is dead is freed from sin. Now if we be dead with Christ, we believe that we shall also live with him: Knowing that Christ being raised from the dead dieth no more; death hath no more dominion over him. For in that he died, he died unto sin once: but in that he liveth, he liveth unto God. Likewise reckon ye also yourselves to be dead indeed unto sin, but alive unto God through Jesus Christ our Lord (Romans 6:3-11, KJV).

I then asked God why the old lady that my friend saw was speaking toxic words over me and laughing at my symptoms if it was 'old lady me'? He replied, ***"The venomous words the 'old lady you' was speaking over you represents the devastation and destruction of your soul and body from the curse. She is bound by the curse and as a result can't help but speak curses and words of death over you. This can also appear in the natural and comes from your own mouth. How many times have you yourself uttered words of old age, deterioration and death over yourself? The DNA remembers. The curse is intertwined within your genetic inheritance and is a blockage to My life flowing through you. My blood remits the sin and heals the corruption in your genetic code. No more sin equals no more faulty gene causing the sickness. The blockage from the curse from Adam and Eve is removed when you let go of your life and enter into Mine. He who finds his life will lose it, and he who loses his life for My sake will find it (Matthew 10:39, NKJV). You have to die to your old self in order for the old lady to be healed. It is now time to break the curse from the old lady and enter into My life. I want for you to start speaking healing and life into the old lady."***

After I wrote this it then hit me – the 'Old lady me' (who is the old man) is antichrist. **Romans 6:6** tells us that the 'old man' is the body of sin. The antiChrist is called the 'man of sin', 'son of perdition'. Perdition means destruction. The sin opens the door to destruction. We have to die to sin. The soul wars against the born-again spirit until it is cleansed, delivered and healed. It is a process and part of our walk of sanctification to become new in spirit, soul and body!

(PRAYER) – "Father God in Jesus name I forgive Adam and Eve for the curse that caused death and destruction over me. I repent for any negative words that I spoke in agreement with the old lady (or old man) over myself and break them in Jesus name. I speak to 'old lady me' (or old man me') and I tell you that the power of this curse is broken over you in Jesus name. The curse of death and destruction is broken over my life through the power of the death and resurrection of Jesus Christ. I speak the resurrection life of Christ into me and declare, 'As the old me dies', the new me will rise up in the resurrection power of Christ flowing through me'. I declare that I will live and not die and declare the works of the Lord (Psalm 118:17). The dunamis power of the life of Christ within me gives life, vitality, strength, health and wellness to every part of me. I pray for the Blood of Jesus to remit the sin and heal

the corruption in my DNA. 'Old lady me' (or 'old man me') you hold no power over me and I declare that you are healed in Jesus name. I put on the new lady me (or new man me) and declare that this lady (or man) is created in righteousness and true holiness, Amen."

Post Deliverance Infilling Prayer - "I break every curse over my life from preconception to the present day in the name of Jesus Christ. I ask Father God that every curse would be replaced with a blessing. In the name of Jesus and by the stripes He bore on His body I pray for healing within every area of my spirit/soul and body. (*Pray specifically for all ailments*). I command all misalignments to come into divine order in Jesus name. I cast out the spirit of infirmity in Jesus name. I cast out fear, shock and trauma in Jesus name. I command every fibre, every cell and every part of this body to come into divine order. I command all pain to leave in Jesus name. I pray for a creative miracle in all areas where body matter needs to be regenerated. I command all cells, cell structure, DNA, RNA, and all parts of the spirit/soul and body not to remember all traumas in Jesus name. I pray for the fire of God to burn off all remaining remnants and dross in Jesus name. I command every demon who has access to me to leave immediately in Jesus name. With the blood of the lamb I seal all doorways closed to the demonic and declare that demons can only exit and not re-enter. I bind the demonic doorkeepers and terminate their assignment against me in Jesus name. I ask for the Holy Spirit to infill with light all areas that were once dark in Jesus name. I pray for a hedge of protection to be placed around me and for any holes to be repaired in Jesus name. Thank You Father God in Jesus name for delivering me".