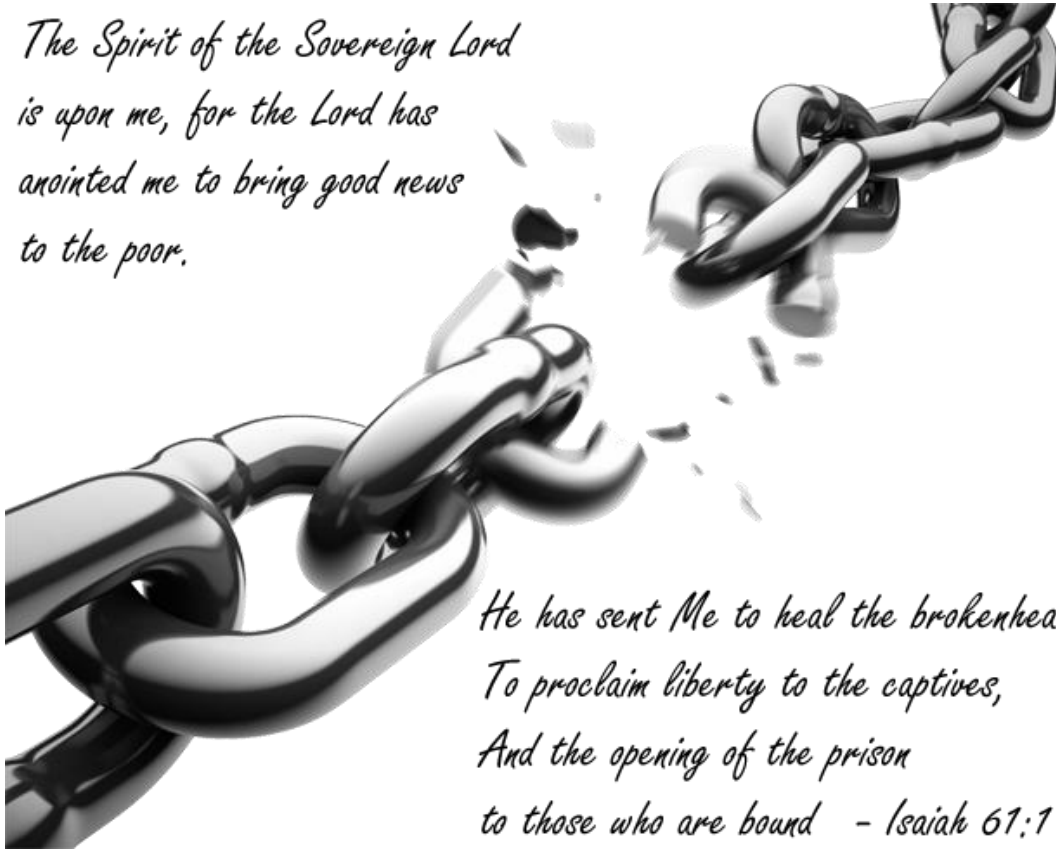


'False Protection'

Inner Healing and Deliverance Prayers

*The Spirit of the Sovereign Lord
is upon me, for the Lord has
anointed me to bring good news
to the poor.*



*He has sent Me to heal the brokenhearted,
To proclaim liberty to the captives,
And the opening of the prison
to those who are bound - Isaiah 61:1*

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*******Most of the prayers in this PDF are unique and not a replica of other people's ideas ~ they are created through revelation of the Holy Spirit and our view of what He has shown us as He works with us. There may be the odd prayer or idea that has been added to our Ministry from others because it impacted us, but more often than not you will be viewing an original.***

All prayers are subject to change as God gives new insight and revelation. All prayers are to be prayed out loud. Often you will see we ask you to do a prophetic act. A prophetic act is an action of obedience as a step of faith in the natural (physical) realm that supports God's workings in the spiritual realm, to release the power, presence and victory of God into a situation.

Prayer of Protection: “Father God in the name of Jesus Christ and by the Power of Your Holy Spirit I pray that You would guide me through this journey of deliverance and healing. I thank You for the presence of the Holy Spirit.

I ask for Your protection, and that I am covered with the Blood of Jesus Christ. I also pray this protection over my loved ones, our pets, our belongings and our surroundings.

With the authority given to me by the Lord Jesus Christ of Nazareth, I bind you Satan, all demons and any other agents of Satan, my own human flesh which is antichrist, from any harm or attacks targeting me, my family, our homes and properties, our pets and belongings, our health and our finances, our businesses and our ministries.

I also bind you from any interference, distraction, transference, or blocking or counterfeiting the Holy Spirit, in Jesus name. I bind up and forbid any counterfeit gifts, un-godly manifestations, and lying signs and wonders, in Jesus name.

Father God, I thank You for Your heavenly angels and pray that they would be released in accordance with Your word.”

Please Note - Many of our prayers as an added precaution will include the term ‘ancestors’ to cover any sins that they may have participated in that you are unaware of.

False Protection - Many of us find it incredibly hard to fully trust and yield all of ourselves to God. Many things in our lives that are detrimental to our development can make us develop mind-sets, one of which is believing the lie that we cannot trust God to protect us fully. The Bible tells us that Head over man is Christ, and head over women is man. This represents a covering of protection. If we have ever been in situations where our parents or our husband has not protected us then we can carry that belief onto God. What happens when we have been hurt is we develop a wall of protection to protect and guard our self from painful events. It may manifest as a false-front, or make you become afraid or withdraw from situations, people or even love. During traumas parts of the soul can crack and separate themselves from the main core as a form of self-protection. It is a God given coping mechanism to protect us from trauma. Unfortunately, demons can enter into the cracks and become false counterparts of us. The walls of protection we have formed will need to be released, because it is false protection. The demonic counterparts need to be cast out and the wounded areas need to be healed. A soul can also split in half to form separate identities which is what we see in Split personality disorder or schizophrenics or become completely shattered which can result in disassociation (the person losing touch with reality). Fragmented parts of us can become what is known as alters. Alters are parts of our mind that are locked up. When the Lord started to teach us about wounded souls and alters I asked Him if this could be backed up Scripturally as I firmly believe that everything one does needs to be confirmed through Scripture. I already knew through Scripture that souls could be shattered, broken and wounded but what about separate personalities and alters needing to be dealt with. Immediately He brought me to Himself. He showed me that He is a three part being. Although He is one God He has three distinct personalities each with different roles. If we are made in His image then we too can

become distinct personalities but still be one.

(PRAYER FOR RELEASING FALSE PROTECTION) - “Heavenly Father I repent for all times I was artificial and pretended to be something I was not. I have tried to protect myself as I have not trusted anyone else to protect me, including You and those you have put in authority over me. I forgive the people who wounded, failed, traumatised, and rejected me (*name them if possible*). Self-protection is an idol in my life so I relinquish this idol and everything else I have used to protect me to you Lord Jesus, as this is false protection. Tear down these walls, I no longer need them, nor do I want them, all I need is my God-ordained covering. I renounce the lie that You are not protecting me. I declare that I am under the refuge of Your wings (***Psalm 91***) and that I will fear no evil, for You are with me. Your rod and Your staff comfort me (***Psalm 23***). I declare that my protection is my God-given walls which are salvation (***Isaiah 60:18***). In the name of Jesus I break all access points, ill effects, pain and trauma to all events. I break ungodly soul ties to all people involved with the traumas and I break the ungodly soul ties to all events where there was a wounding of my soul. I break all enemy assignments operating against me and my family. I break all entry points of death, destruction, fear, rejection, torment, grief, shock and trauma, including that which entered in the womb. I bind and break all accident, misadventure and curses and command all demons I received from all wounds, traumas and soul ties to leave in the name of Jesus Christ. I speak to all demonic spirits entrenched within false protection including multiple me, artificial me, false me, hurt and abused me, man/woman me, senior me, adult me, teenage me, little girl/boy me, toddler me, baby me, in utero me, preconception me, protection of self and every other demon of false protection, insecurity and not trusting in the Lord, as well as all spirits of mental illness and break your power and command you to leave in the name of Jesus Christ. I ask you Lord Jesus to remove the pain from the memories, and to remove all residual effects. I pray for the anointing of Christ to repair all wounds and for all fragmented pieces within my soul to be restored and placed back into their rightful place in Jesus name. I pray that the real adult whom God made will come up in me and stay.”

Inner doorway – There are many entry points and doorways to the soul and body. These doorways get opened because of sin in our lives. Demons use these doorways to enter our souls and bodies at will. There are doorkeepers who stand guard and keep the doorways open. These doorkeepers can also be generational. One of these doorways I have seen is situated at the top of the head. This doorway is the ultimate doorway and enables satan and his demons the greatest access to our inner soul. Put simply it is a door that allows demons into our innermost being – our self-will. The heart is the seat of the soul and according to the Bible, 'most wicked'. The heart/soul comprises mind, will, conscience and emotions. Our spirit is our God conscience - ***I tell the truth in Christ, I am not lying, my conscience also bearing me witness in the Holy Spirit (Romans 9:1, NKJV)***. Our soul (heart) has an evil conscience until it is purified. ***Let us draw near with a true heart in full assurance of faith, having our hearts sprinkled from an evil conscience and our bodies washed with pure water (Hebrews 10:22, NKJV)***. If demons are in our heart, it makes temptations from the devil incredibly hard to resist. If our ancestors

willingly gave their bodies and souls over to satan and his demons, then this doorway with us would be automatically active and open. This is because of the punishment crescendo. Satan and demons can have access to this doorway also through occult involvement. They can also access this if we give them permission knowingly or unknowingly (through ignorance) as a result of seductive whispers of false protection. Vulnerability makes us an easy target. Selling your soul to the devil gives satan access to this doorway also, but not only that, it will also give satan control of your free will. If we ourselves willingly and knowingly give ourselves over to satan then we are in actual fact giving up free will. We are allowing satan to control us. Another example is when we choose the will of satan instead of the will of God.

(PRAYER) – “I repent Father God for all sins that enabled satan and his demons access to my heart and self-will. I repent for all involvement in the occult. I repent also for knowingly and, or unknowingly allowing satan and his demons to enter the innermost doorway to my soul. I repent for ever selling my soul to the devil, and, or anyone else. I repent for choosing the will of satan instead of the will of God. I repent for every person in my bloodline who gave their free-will over to satan. I relinquish the security and protection that satan offered me as a ruse to gain entry. Satan is a liar and I now claim back my body, heart and soul and relinquish it to Jesus Christ, my only true protection, and the lover of my soul. I bind my mind to the mind of Christ and I bind myself to the will of God. In the name of Jesus Christ, I terminate the assignment of the doorkeepers who stand at the innermost doorway of my heart and self-will and command the guards, satan and every other demon who has access and entry to this doorway to leave immediately. I seal the innermost doorway closed with the Blood of Jesus Christ and command it to never again be opened to the demonic. I declare that demons can only ever exit and not re-enter. I now grant permission to enter to the Lord Jesus Christ, Who is standing at my doorway and knocking, Amen.” *Prophetic Act – Nail it shut*

Insecurity – Being unsure, unstable, shaky, apprehensive, or lacking in self-confidence. We can seek many things to make us feel secure but our true security comes from God.

(PRAYER) – “Dear God in Jesus name I relinquish all my insecurity to You as well as those things I use for security that bring me comfort. Remove all things from me that are false comfort and not needed and keep only those things that are. I repent for not trusting in You, for not trusting in my own God-given abilities and for not trusting in others especially those whom You have sent to assist me. I ask instead for the security of Christ that only You can offer. My true security comes from God alone. I pray that I would be embellished within this security from today and forever. Never remove this security from me Father God for You are my comfort. I thank You for the love, the nurture, and all things You have to offer. In the name of Jesus Christ, I break all demonic entrance points and command all insecurity, unstableness, apprehension and lack of self-confidence to leave. I release confidence, stability and trust in the Lord in Jesus name. ***“The beloved of the Lord shall dwell in safety by Him, who shelters him all the day long; and he shall dwell between His shoulders.” (Deuteronomy 33:12, NKJV)***”.

Comfort Zone/Calling

(PRAYER) – “Father God I am ready to step up to the plate. I am ready for You to launch me, in fact I say propel me. I am afraid of the limelight, I hide from the limelight, but I say take me there. Take me out of my comfort zone. Open my ears so I can hear You. Teach me how to discern Your voice and promptings so I can be obedient to You. In Jesus name – Amen”.

Control Prayer – The word control according to Dictionary.com is the power to influence or direct people's behaviour or the course of events. This prayer is for people who suffer with wanting to control things in their own strength. For me having control was a means of self-protection. When we hang onto control it ties the hands of God, and makes it harder for Him to be in control. Satan has a legal right to take control of many situations because we are refusing to hand this control over to God. In fact taking the control from God and trying to control your own life is rebellion against God. When you submit all control over to Jesus, you can trust that You are in His perfect will. This means that you can walk in peace to continue in the direction and path you are currently on, trusting in Him to show you when you need to change direction. This in no way interferes with free will, as you are still free to make any decision you wish. **When we hand over the reins of control to Jesus we can trust Him entirely to know that He will never violate or control our free will. He will always give us the freedom to choose. Giving Him control of your life helps you to recognise God easier enabling God to guide you in the perfect choice and make correct decisions. Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, And He shall direct your paths (Proverbs 3:5-6, NKJV).**

(PRAYER) - “I repent Father God for control and rebellion against You. I trust You and want You to be in control. I thought I was better in control, but I am not, You are! I want to yield all of my life, my spirit/soul and body to You. I hand over the reins of control to You Lord Jesus. I relinquish control of my life. I relinquish my need to control situations, and the need to control others. I lay control at the foot of the cross. I give it all to You in Jesus name. I pray that my will would come into alignment with Your will. I commit my will and declare 'Your will be done, not mine!' I break all forms of control operating and command all demons of control, and all demons with you to leave in the name of Jesus Christ”.

Co-dependent relationships - Co-dependent relationships can manifest in different ways. The first is when you cling to people who show you support. You may become needy and attach yourself to them unable to stand on your own two feet. The people you cling to can become your life-line. This usually comes as a result of suffering a lot of rejection and hurt throughout your life. God wants us to be entirely dependent on Him. Another type of co-dependency can begin when older children are given the responsibility of caring for their younger siblings, or even when children take on a role of parenting their own mother or father. This can carry on to adulthood developing into unhealthy relationships with others. This kind of co-

dependency describes behaviours, thoughts and feelings that go beyond normal kinds of self-sacrifice or caretaking. People who are co-dependent often take on the role of martyr; they constantly put others' needs before their own and in doing so forget to take care of themselves. This creates a sense that they are 'needed'; they cannot stand the thought of being alone and no one needing them. Co-dependent people are constantly in search of acceptance. Sometimes however this dynamic can create an extreme opposite effect, where you reject others who appear 'needy' in the fear you will have to mother them or look after them.

(PRAYER) - "I repent Father God for co-dependent relationships and attitudes. I forgive all those who placed burdens on me that developed into co-dependent behaviour and attitudes. I sever every co-dependent relationship I have formed and declare that my dependence is on God. ***'I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing'*** (John 15:5, NKJV). I command all co-dependent spirits to leave in Jesus name".

Trust/Fire baptism – God is calling His children to trust. He once told me that trust is the ultimate goal we need to accomplish. The devil will do all He can to prevent this. ***Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, And He shall direct your paths. Do not be wise in your own eyes; Fear the Lord and depart from evil. It will be health to your flesh, And strength to your bones (Proverbs 3:5-8, NKJV)***. This scripture is so powerful, it shows us when we trust God with all our heart and rely on Him only, He will direct our paths (which is being in His perfect will), and that it will be health to our flesh (soul and physical body) and strength to our bones. When we trust God one hundred percent with steadfast faith, we will be walking in God's Glory in perfect health as Jesus was. We will be walking in His perfect will. There is nothing we cannot do when we are in His will. True worship is when we trust God and submit to Him in all circumstances. Satan has access to our soulish areas because of the fall of mankind. The Bible tells us the heart of man is wicked. God wants to sanctify our heart. There are four different areas within our heart which are mind, will, emotions and conscience. Our spirit is our God conscience - ***I tell the truth in Christ, I am not lying, my conscience also bearing me witness in the Holy Spirit (Romans 9:1, NKJV)***. Our soul (heart) has an evil conscience until it is purified. ***Let us draw near with a true heart in full assurance of faith, having our hearts sprinkled from an evil conscience and our bodies washed with pure water (Hebrews 10:22, NKJV)***. He wants to sanctify all these areas and replace them with the fruits of the Spirit. As the Holy Spirit refines and sanctifies these areas within our heart it can be painful as all our human emotions are within the soul. The heart is sometimes known as the seat of the soul. There are demons that stand guard at the various doorways in the different areas of our heart. They keep these doorways open for satan and his demons. They are there because we guard our hearts from hurt. It is false protection, and this prevents Jesus from entering into all parts of our heart and soul. Jesus wants us to give Him permission to enter. A greater cleansing and refining of the heart will begin when the Holy Spirit enters upon the baptism of fire. The fire is refining; it is the separating of the wheat and

chaff as Jesus separates the true believers from the pretend believers. When the heart is tested and sanctified the Holy Spirit will impart more of the Father's Love as we trust. The more love we walk in the more Christ like we become. **"Behold, I stand at the door and knock. If anyone hears My voice and opens the door, I will come in to him and dine with him, and he with Me" (Revelation 3:20, NKJV).**

(PRAYER) "I repent Father God in Jesus name for all sins and lack of trust that allowed the enemy to enter and guard my heart. I repent for not worshipping in Spirit and truth when the trials came. I chose to believe in what the circumstances were telling me, rather than what the Word of God says about me and my circumstances. I choose to believe in Your goodness, faithfulness and truth. Teach me how to worship You in Spirit and truth no matter what the circumstances are telling me. I bequeath my spiritual blanket to You, which represents my heart because I trust You with it. Help me to submit to You in every area of my life. Test my heart Lord. You stand at the door of my heart Lord Jesus and I give You permission to sanctify every area of my being. In the name of Jesus Christ I terminate the assignment of every guard who stand at the various doorways of my heart. I command the guards, false peace, false protection, false love, unbelief and every other demon that has access and entry to these doorways to leave immediately. I seal the innermost doorways of the heart closed to the demonic realm with the Blood of Jesus Christ and command them to never again be opened. I pray for the peace that surpasses all understanding to guard my heart and mind through Jesus Christ". ***Lay hands on belly and ask Jesus to impart fire***

Heart of Stone – A heart of stone is usually formed as a defence to pain and can be the result of inner vows as well as sins or curses in operation. It is a condition of the heart which shuts out God and others. It is a hidden structure of defence, or hardness that keeps us from being vulnerable or 'seen.' It is a fortress or a wall which we believe will protect us from hurt but may instead make us feel lonely and miserable. We may also block and suppress our emotions.

(PRAYER) – "Holy Spirit please reveal any vows or sins in operation".
(Write them down)

"Father God I repent for *(name what was shown)*. I repent also for the inner vows, sinful responses, and judgements against others made that has turned my heart into stone, especially when I hurt loved ones by keeping them out of my life and circumstances. I have developed a defence to keep myself from being seen. I have built a hiding place to protect myself from hurt. I know that this protection blocks out the love, warmth, and nurture I need. I ask that you break down this wall. Lord, I want you to be my defence. Please help me to become vulnerable, to risk love. Help me see rebukes as love and not as rejection. In Jesus name please free me from this bondage of self-protection so I can freely give Love as I freely receive Love from you. God is love and I rejected love so in turn I rejected God. I am sorry. I relinquish these walls that protect me from receiving love. I address all spirits causing a heart of stone, including the bondage spirits blocked emotion, blocked affection and

blocked completion and break every curse, inner vow, judgement, and access point and command you to leave immediately in the Name of Jesus Christ. ***Then I will give them one heart, and I will put a new spirit within them, and take the stony heart out of their flesh, and give them a heart of flesh, that they may walk in My statutes and keep My judgments and do them; and they shall be My people, and I will be their God (Ezekiel 11:19-20, NKJV).***

(Prophetic Act – Remove heart of stone, lay at the foot of cross, hold hands up to heaven to receive the heart of flesh. Replace the heart of stone with the heart of flesh and ask God to fill it with His love).

Post Deliverance Infilling Prayer - "I break every curse over my life from preconception to the present day in the name of Jesus Christ. I ask Father God that every curse would be replaced with a blessing. In the name of Jesus and by the stripes He bore on His body I pray for healing within every area of my spirit/soul and body. *(Pray specifically for all ailments)*. I command all misalignments to come into divine order in Jesus name. I cast out the spirit of infirmity in Jesus name. I cast out fear, shock and trauma in Jesus name. I command every fibre, every cell and every part of this body to come into divine order. I command all pain to leave in Jesus name. I pray for a creative miracle in all areas where body matter needs to be regenerated. I command all cells, cell structure, DNA, RNA, and all parts of the spirit/soul and body not to remember all traumas in Jesus name. I pray for the fire of God to burn off all remaining remnants and dross in Jesus name. I command every demon who has access to me to leave immediately in Jesus name. With the blood of the lamb I seal all doorways closed to the demonic and declare that demons can only exit and not re-enter. I bind the demonic doorkeepers and terminate their assignment against me in Jesus name. I ask for the Holy Spirit to infill with light all areas that were once dark in Jesus name. I pray for a hedge of protection to be placed around me and for any holes to be repaired in Jesus name. Thank You Father God in Jesus name for delivering me".