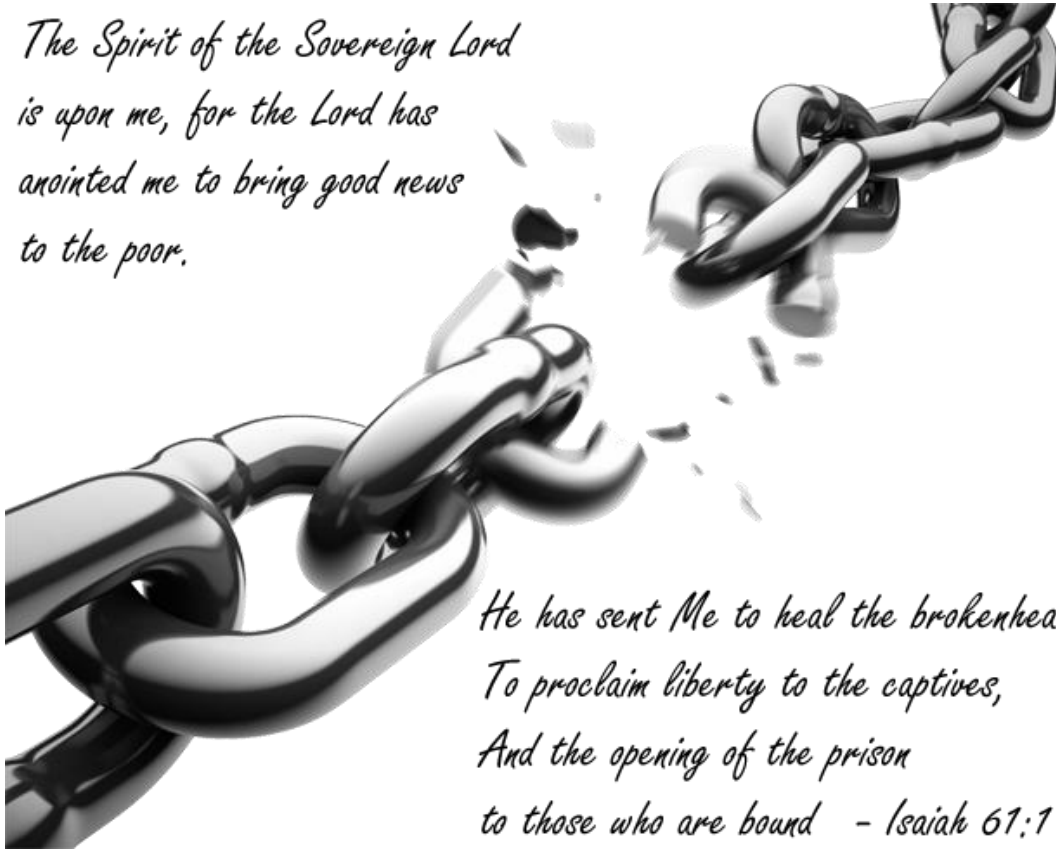


# 'Suffering'

## Inner Healing and Deliverance Prayers

*The Spirit of the Sovereign Lord  
is upon me, for the Lord has  
anointed me to bring good news  
to the poor.*



*He has sent Me to heal the brokenhearted,  
To proclaim liberty to the captives,  
And the opening of the prison  
to those who are bound - Isaiah 61:1*

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## Contents

1. Cover Page
2. Contents Page
3. Protection Prayer, Cup of Suffering
7. Fear of Judgement
8. Trials
9. Over Dependency on God
11. Will of God
12. Sacrifice
13. Running From God
14. Fear of Being Hurt
17. A Burden Shared is a Burden Halved
20. Giving Thanks
22. Vagabond Spirit, Post Deliverance Prayer

***\*\*\*\*Most of the prayers in this PDF are unique and not a replica of other people's ideas ~ they are created through revelation of the Holy Spirit and our view of what He has shown us as He works with us. There may be the odd prayer or idea that has been added to our Ministry from others because it impacted us, but more often than not you will be viewing an original.***

***All prayers are subject to change as God gives new insight and revelation. All prayers are to be prayed out loud. Often you will see we ask you to do a prophetic act. A prophetic act is an action of obedience as a step of faith in the natural (physical) realm that supports God's workings in the spiritual realm, to release the power, presence and victory of God into a situation.***

**Prayer Of Protection:** “Father God in the name of Jesus Christ and by the Power of Your Holy Spirit I pray that You would guide me through this journey of deliverance and healing. I thank You for the presence of the Holy Spirit.

I ask for Your protection, and that I am covered with the Blood of Jesus Christ. I also pray this protection over my loved ones, our pets, our belongings and our surroundings.

With the authority given to me by the Lord Jesus Christ of Nazareth, I bind you Satan, all demons and any other agents of Satan, my own human flesh which is antichrist, from any harm or attacks targeting me, my family, our homes and properties, our pets and belongings, our health and our finances, our businesses and our ministries.

I also bind you from any interference, distraction, transference, or blocking or counterfeiting the Holy Spirit, in Jesus name. I bind up and forbid any counterfeit gifts, un-godly manifestations, and lying signs and wonders, in Jesus name.

Father God, I thank You for Your heavenly angels and pray that they would be released in accordance with Your word.”

***Please Note - Many of our prayers as an added precaution will include the term ‘ancestors’ to cover any sins that they may have participated in that you are unaware of.***

**Cup of Suffering - He went a little farther and fell on His face, and prayed, saying, “O My Father, if it is possible, let this cup pass from Me; nevertheless, not as I will, but as You will. (Matthew 26:39, NKJV).** God once told me that I didn't know who I was in Him. He wanted me to see myself through His eyes. The first part of this long journey was about showing me that I was righteous only through the putting on of the righteousness of Christ. God had to heal my many wounds of lack of self-worth. Then He had to teach me that I couldn't do anything to make Him love me more. Anything I did in the way of works had to be from a motive of giving not receiving from Him or others and that motive had to be love. I came to the place when I understood this but still He whispered to me that I did not see myself through His eyes. I was suffering with many infirmities and couldn't understand why God wasn't healing me. He had created a Ministry from my wounds and all the things that were unclean within my soul but still I hadn't been healed of all the things that were crippling me. I would tell Him "If only you would heal me then I would be more effective for you". You see right there was the problem! I was focusing on myself - I was seeing myself through my own eyes, I couldn't see what God saw let alone what He was doing. God saw my infirmities as good. He didn't like me to suffer and it was not His will for me to suffer, but it was His will to use my suffering for good. This is what He spoke to me: - "***Christ suffered so that many could be free. Through your suffering you have learnt much. This is your cup of suffering so others can be made free through from what you have learnt. To each has been given a measure of faith. It is in accordance with your gift. The greater the gift, the greater the suffering and the greater the faith. All things are in accordance with the riches of my grace. It is your burden which you have carried for others.***

*You have been given keys. Keys that you have learnt from. You will take those keys and unlock others. When you pray 'Your will be done, not mine' - this is my will, not that you suffer but that you learn through that suffering to unlock others. Did Christ not do this for you? You have prayed many times for me to take away this cup of suffering but I could not because I saw the good - **All things work together for good for those who love God and are called according to His purpose (Romans 8:28). It was not my will for You to suffer but I used your suffering for good - Can you forgive me**”? I told Him I could. “Each person has a part to play for others - as Christ gave Himself for all part of the cup is to give yourself for others. Your very purpose is to save souls. You are all called to be a witness to others”. For it is better, if it is the will of God, to suffer for doing good than for doing evil (1 Peter 3:17, NKJV).*

*Beloved, do not think it strange concerning the fiery trial which is to try you, as though some strange thing happened to you; but rejoice to the extent that you partake of Christ's sufferings, that when His glory is revealed, you may also be glad with exceeding joy. If you are reproached for the name of Christ, blessed are you, for the Spirit of glory and of God rests upon you. On their part He is blasphemed, but on your part He is glorified (1 Peter 4:12-14 NKJV).*

*But even if you should suffer for righteousness' sake, you are blessed (1 Peter 3:14, NKJV).*

*But Jesus answered and said, “You do not know what you ask. Are you able to drink the cup that I am about to drink, and be baptized with the baptism that I am baptized with?” (Matthew 20:22, NKJV). He then said to me: "My Children tend to fight their trials, not with Gods tools but their own, or the devils and it is the fighting that causes the most pain".*

We are human and we react with human feelings and emotions. We don't understand God. His ways are not our ways. We don't see what He sees. God's perfect will for me was that my suffering would help many. I would pray for Him many times to take that cup of suffering away.

He once gave me this Scripture: - **Beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God (Romans 12:1-2, NKJV).** We are so focused on our problem that we have forgotten the agreement we made with God when we became a Christian, which was offering to Him our bodies for His service to do with what He sees is good. When we make Jesus Lord of our lives we are agreeing to His ways, not ours! God showed me that I was making an idol out of my need to be healed. I was putting my need to be healed ahead of my purpose in God and ahead of what God wanted to do in me. Anything we put ahead of God is an idol.

Paul says: - ***And lest I should be exalted above measure by the abundance of the revelations, a thorn in the flesh was given to me, a messenger of Satan to buffet me, lest I be exalted above measure. Concerning this thing I pleaded with the Lord three times that it might depart from me. And He said to me, "My grace is sufficient for you, for My strength is made perfect in weakness." Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me. Therefore I take pleasure in infirmities, in reproaches, in needs, in persecutions, in distresses, for Christ's sake. For when I am weak, then I am strong.***

### **Signs of an Apostle**

***I have become a fool in boasting; you have compelled me. For I ought to have been commended by you; for in nothing was I behind the most eminent apostles, though I am nothing. Truly the signs of an apostle were accomplished among you with all perseverance, in signs and wonders and mighty deeds. For what is it in which you were inferior to other churches, except that I myself was not burdensome to you? Forgive me this wrong! (2 Corinthians 12:7-13, NKJV).***

Paul understood his purpose in God. He understood that God was using his infirmities, distresses and problems for His purposes so he was able to thank God and trust that God would give Him what He needed in the trial to walk through it. God promises that He won't let us suffer what we can't handle. If we are suffering more than we can handle it is because we are hanging onto something that we are not allowing God access to. In my case I was hanging onto my need to be healed and putting it ahead of God using it to glorify Him and help others with the keys He was giving me for my healings. If you put your purpose in God ahead of your needs you can totally trust God to put your needs equal with His purpose. I once came across this poem and felt it perfect to add because this how I believed Paul saw His God-given walk and how we should all see it.

**God never promised  
A life without pain,  
Laughter without tears  
Or sun without rain.  
But He did promise  
Strength for the day,  
Comfort for the tears  
And light for the way,  
And for all who believe  
In His Heaven above  
He rewards their faith  
In His everlasting love.**

God gave Paul His eyes so that Paul could see all situations through His eyes. We become so self-focused in our pain and our need to change ourselves we don't see what God sees. We need to change our focus and say to God "How can my pain and suffering help to glorify You and help others". When we start to praise God in this way He can give us strength to cope and what we need to overcome until He has finished using the problem for His purposes. When He has finished that is when we get our own healing. God wants us to take our eyes of our problems and put our

eyes on Him. When we see our self through our own eyes we can't see beyond the problem. Self becomes the blockage because it has become an idol. We become focused on our self! We may not like what we see, hear or feel and become focused on it. It is a distraction. God wants our focus to be not on ourselves but on Him. Worshipping in Spirit and truth is worshipping God throughout the trials and allowing Him to do His will with thanksgiving!

***But seek first the kingdom of God and His righteousness, and all these things shall be added to you (Matthew 6:33, NKJV).*** Seeking first the Kingdom is putting our needs second to His purpose. The Scriptures clearly say that all things will be added to us when we **(a)** Seek first the Kingdom, and **(b)** Seek His righteousness. God showed me when we grasp this principle we pray from a selfless place.

***“Therefore do not be like them. For your Father knows the things you have need of before you ask Him. In this manner, therefore, pray: Our Father in heaven,***

***Hallowed be Your name.***

***Your kingdom come.***

***Your will be done***

***on earth as it is in heaven.***

***Give us this day our daily bread.***

***And forgive us our debts,***

***as we forgive our debtors.***

***And do not lead us into temptation,***

***but deliver us from the evil one.***

***For Yours is the kingdom and the power and the glory forever. Amen (Matthew 6:8-13, NKJV).*** The Lord's Prayer really says it all. It takes focus of self and onto God and His Kingdom. When we take our eyes of ourselves and on to God and His purpose for us He can then supply us each day our daily bread. God can equip us with what we need each day - this is our daily bread but first we need to give ourselves and all of our needs to God for His Kingdom purpose and allow Him to do it His way. (His will be done).

God told me that one of our major purposes in Him is to learn keys as we are being delivered ourselves to use for others. We partake of Christs suffering as we walk through our purpose in Him. Christ suffered death so that He could destroy death so it no longer has dominion over us. We inherit eternal life the moment we accept Christ as our Lord and Saviour. When we have walked through our own suffering and fiery trial we receive a greater anointing to set others free because we have conquered that area in which we were suffering. It no longer has dominion over us. That anointing is then used to set others free so that they don't have to partake of the same sufferings that you have just walked through. Christ did it for us, we then become Christ-like and do it for others. We each have a purpose and fiery trial to receive healing, blessings and a greater anointing. This is then used to set the captives free. ***Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our tribulation that we may be able to comfort those who are in any trouble, with the comfort with which we ourselves are comforted by God. For as the sufferings of Christ abound in us, so our consolation also abounds through Christ. Now if we are***

***afflicted, it is for your consolation and salvation, which is effective for enduring the same sufferings which we also suffer. Or if we are comforted, it is for your consolation and salvation. And our hope for you is steadfast, because we know that as you are partakers of the sufferings, so also you will partake of the consolation.***

***For we do not want you to be ignorant, brethren, of our trouble which came to us in Asia: that we were burdened beyond measure, above strength, so that we despaired even of life. Yes, we had the sentence of death in ourselves, that we should not trust in ourselves but in God who raises the dead, who delivered us from so great a death, and doe deliver us; in whom we trust that He will still deliver us, you also helping together in prayer for us, that thanks may be given by many persons on our behalf for the gift granted to us through many (2 Corinthians 1:3-11, NKJV).***

**(PRAYER)** - "Father God I repent for not worshipping in Spirit and truth. I repent for idolisation of self and not seeking first the Kingdom of God. I have become so focused on myself that I put it ahead of focusing on You. I am sorry that my needs become an idol as I have put them ahead of my God-given purpose in You. I have lost sight of what You want for me and instead focused inward on self which in turn created more pain and more turmoil. Your word says that You would never let us suffer more than we can handle. I have not trusted You throughout this trial and thanked You for my weaknesses, instead I have been fighting You, which meant I was unable to receive what I needed from You to give me the strength I needed to overcome. I have not allowed You to work in my situation because I put seeking healing and answers for myself ahead of what Your purpose was for these issues. I lay my needs at the foot of the cross and pray that You would show me how to use these issues to Glorify You and help others. Thank You Father that throughout my suffering the power of Christ may rest upon me for when I am weak You are strong.

I forgive You for not answering my prayers in the way I expected You to and I repent for putting my own expectations on You. I forgive You also that I have to partake of Christ's suffering before I am glorified in You. I take my focus of myself and put my focus on Jesus and the purpose He has for me. I command Idolatry of self and self-inflicted pain anguish and turmoil to leave immediately in Jesus name. I pray for the eyes of Christ that I will see situations through the eyes of Jesus instead of my own eyes".

**Fear of Judgement** - God revealed to me that fear of judgement was something I had suffered from my whole life. This is what He spoke: - "***Fear of judgement is greater than fear of man. It is an evil spirit and at the root of perfectionism. People become perfectionists through fear of judgement. Some people even judge themselves worthless.***" He then revealed to me that many times I had repented to Him for wrong things I had done but sometimes the repentance I was confessing came from a fear of judgement, and a fear of repercussions rather than a place of simply repenting for what I had done was wrong. I knew the Biblical principal of 'Judge not lest ye be judged' and 'you reap what you sow'. An example

of this is where I would make a mocking comment or judgement about someone in regard to areas in their life that I perceived as not normal, weird or funny. I knew immediately when I had spoken it that it wasn't very nice and was wrong of me as the conviction of the Holy Spirit would come upon me. Immediately after the conviction I would become afraid that I myself might end up with the very thing I had made fun of in them, so I would repent. God showed me one day that my repentance wasn't acceptable because my heart revealed fear of consequences was the greater motivation behind my repentance than the repentance for admitting what I had done was wrong.

**(PRAYER)** – “Father God I repent in Jesus name for being bound up in fear of judgement. I have acted at times with dishonourable intentions, morals and conduct towards others then feared I would reap my own actions. Repentance came out of fear of consequences in those situations instead of repentance for what I had done wrong. I repent for being afraid of Your judgements Lord because You are a righteous Judge and Your righteous judgements are good. I repent for changing my course of actions because of fear of judgment from You or others when my actions of what I do should always be in accordance with Your moral law of right and wrong. I forgive those who put fear of judgement on me. I forgive those who have judged me whether rightly or wrongly when it affected me and made me become fearful of failing. I repent for the wrongful judgments I have made of others especially when I mocked, belittled, judged or teased them. I repent for judging myself worthless. I now break fear of judgement of my life and I command this spirit as well as perfectionism and every other demon involved with striving to please and be perfect to leave immediately in the name and power of Jesus Christ. Holy Spirit help me to keep my heart clean and help me to always repent for the right reasons. Thank You, Amen.

**Trials** – We believe and expect 'good things' from God which of course we are entitled to as heirs of God, but our own expectations of what we **believe** or how **we** want things to happen can interfere and let us down. We put our expectations on the promises of God. We can then lose faith because of our own preconceptions and even blame God believing that He has let us down. The Bible tells us that Gods ways are **not** our ways. In most cases what we believe will happen usually never ends up happening that way. We think we know better than God and try dictating to Him how to do things. When you read the fine print of the Bible, it doesn't just promise blessings, abundance and protection, it also promises suffering. This how we get perfected, it is part of the redefining. ***For it was fitting for Him, for whom are all things and by whom are all things, in bringing many sons to glory, to make the captain of their salvation perfect through sufferings (Hebrews 2:10, NKJV).*** God sees this redefining as good, even though it may not feel good to us. The Bible tells us that 'all things work together for good' (**Romans 8:28**). Even though suffering is promised as part of our inheritance to perfect us satan has developed within us a mind-set of mediocrity. We have grown to accept these trials and sufferings and believe that everything thrown at us is Gods will. God tells us He wants to bless us. ***I have come that they may have life, and that they may have it more abundantly (John 10:10,***



**NKJV).** God showed me that even though He uses discipline to perfect His children; He will never give us more than we can handle. If the trial or suffering is extreme, it is because satan is at the centre of it. We must pray and seek God for the root of the problem. Satan has a legal right to our soul and physical body when we sin, or carry unrepented sin and have unyielded areas. God's hands are tied when satan has a legal right, unless He decides to use His trump card of course which is Grace! Nothing can trump the grace of God, and when He decides to use it, it is God's timing and for His purposes. Usually in my experiences God may show us the keys immediately, or allow this for a time to bring about His will and purpose, or because of a mind-set be unable to show us, so we become trapped in the trial of suffering. The horrendous suffering we go through because we are not listening or learning grieves Him greatly. Our mind-sets can block us from receiving the revelation we need for freedom. He showed me that He is going to restore what the locusts have stolen. God showed me a vision of His big foot stomping on satan. He said to me "Enough is enough". He is going to give His children breakthrough by revealing the many mind-sets. He showed me that His heart is to bless, as it has always been. He said to me **"I am Love, I am faith, I am hope, I am blessing"**.

God is a good God and will not leave us stranded. The thing that is really exciting is that the moment we asked Jesus Christ to be Lord of our lives, there is nothing that will happen to us that God is not in control of. Even when it seems that God has His hands tied, He is still in control. It is now time to fight back and claim back what is rightfully ours! God wants to give new revelation and understanding. He wants us to no longer take mediocrity!

**(PRAYER)** - "Dear God I repent for the expectations, thoughts, beliefs and preconceived ideas that I have put upon the outcome of all situations and circumstances in regard to the fulfilment of Your promises. I am sorry for being disappointed and even blaming You when these things didn't unfold in my timing and in my way. Your Word sees that You will never fail us nor let us down and I am sorry that I believed You could. I repent for seeing You as unjust and unfair during trials. I repent for unbelief and lack of trust in You. I choose to believe that **'all things work together for good for those who love God and are called according to His purpose'** (Romans 8:28). I repent for believing my ways are better than Your ways. Father, I instead thank You for the trials You have allowed. Trials from You are so I can have a testimony that glorifies God. In my weakness Lord, You are strong and I thank You for choosing me to bring glory to Your Kingdom. Please equip me with the necessary tools so I can withstand all trials that You send my way. Show me your comfort and strength during these trials. If there are trials that I am facing that are not part of Your will perfect for me, I ask for revelation, wisdom and discernment to attain freedom. I command unbelief, lack of trust, disappointment, destruction, accident, misadventure, and all demons with you to leave in the name of Jesus Christ. I release strength, joy and the peace of God into my circumstances in Jesus name. Thank You, Amen".

**Over-dependence on God** - For so long I had a mind-set which prevented me from being all I could be in Christ. When I was saved I was full of fear. I had panic

attacks daily for so many different reasons. One of the worst things for me was going to doctors when something was wrong - I always feared the worst and imagined every awful possible outcome. Each time I had to go and get a diagnosis of something I was wrecked for weeks because of the stress I went through. I do not cope with pain very well either and am the first to admit I cower when it comes to things that cause pain. Dentists were another one of my huge Achilles heel as every time I need the drill I had visions and imaginings that the dentist would drill right through into my nerves, gums and bones and that I would feel it. For six years of being with Christ every time I had to face one of these things I would ask Christ to strengthen me, take away my fears and give me peace. I quoted Scripture after Scripture only to be disappointed because He never helped me. I was so hurt and angry with God because I needed Him and He wasn't supplying my needs. Each thing I faced seemed worse than the last one.

Over a four year time period it seemed that so much went wrong with my physical body and I had to face so much stuff. Instead of getting better I got worse and worse with each thing. I waited and waited for Christ to come in on His horse and be my knight in shining armour after all the Scriptures tell us that He came to save us, strengthen us, supply our needs, become our strength in our weaknesses and bless us. Why then wasn't I receiving any of these things? The first thing of course was a mind-set of believing bad things instead of believing good things but I kept repenting of this and still nothing changed for me. One particular morning I had to have dental work and I was a wreck. I kept whimpering, tensing up and then told the dentist to stop - I couldn't do it anymore. He was all ready to pack my tooth with a temporary fix and book me back in with the dentist who uses IV anaesthesia the following week. Something came over me and I thought "I have to face this - I do not know where God is but I have to do it". I told the dentist to give me one more chance and uttered very boldly out loud for all to hear "I can do it". Previously I had been proclaiming 'I can do all things through Christ who strengthens me' and nothing had happened. After my bold proclamation of 'I can do it' something strange happened. My fear and panic lessened considerably and I was able to allow the dentist to finish the procedure without any more panic attacks. In fact the dentist was so proud of me at the end he gave me a big hug when he was all done.

When I got home I thanked Jesus for finally coming through and strengthening me in which He replied ***"I did nothing, it was all you"***. "What" I replied, "I do not understand?" He answered ***"My warriors need to be strong, courageous and full of valour. My children need to meet me halfway in everything. I am here to help you, I am here to strengthen you when I see fit but over-dependency on Me makes one unnecessarily weak. Everything you have faced over the last four years and come out the other end was you - I played no part in it. Essentially I left you but only for a while, I will never abandon (permanently leave) you. There is a fine line to walk in Christ. Yielding everything means yielding everything - nothing left behind. Lack of self-worth is the root of all your infirmities you suffer. My strength in your weakness in this particular instance was to let you find your own inner strength. You were waiting on Me to do it all for you but I needed you to be strong in yourself too. Your weakness was lack of self-worth, not believing you were brave enough to do it. I needed you to be a conqueror so lack of self-worth could be healed. My daughter you are worthy,***

*you are no longer a coward. How could I restore lack of self-worth if I did it all for you? There are times you need to let go and let God, and there are times that you need to 'rise and walk'. Self-sufficiency is another problem and the opposite of this where My children don't come to Me for help, instead they are furiously too independent. Over-dependency on God is where you want Me to do it all for you".*

If God had given Me everything I wanted at the beginning I would have become weaker and weaker. I would have become spoiled. There is an element of our own strength that is needed. When God restored my 'self-worth' I became stronger and more physically able but within this I still absolutely needed and wanted Him as I knew that my own strength was still not enough. This pleased God greatly :).

**(PRAYER)** - "Father God I repent for all the times I became neurotically over-dependant on You. I am sorry for not rising up in my own strength within my own weaknesses especially when I kept waiting for You to do it all for me. I am sorry for blaming You for not helping Me when it was actually 'me' that was supposed to rise up and conquer the situations that had come my way. I pray for wisdom and discernment to help me know when it is I that has to rise up and when it is time to allow you into my weaknesses because I am unable to do it for myself. I pray this in Jesus name, Amen".

**The Will of God** – The Bible mentions many different examples of what the will of God is. One of significance importance is our belief in Jesus alone to save us so we can inherit eternal life. ***And this is the will of him that sent me, that everyone which seeth the Son, and believeth on him, may have everlasting life: and I will raise him up at the last day (John 6:40, KJV).*** This means that we go through much testing to see what our hearts truly believe. **Will we still believe in the promises of the Son even amid our trials and through tribulation?**

***For you have need of endurance, so that after you have done the will of God, you may receive the promise (Hebrews 10:36, NKJV).*** This Scripture tells us that **after** we have done the will of God we receive the promise. I understood that believing in Jesus until the day we die enables us to receive the promise of eternal life but what about receiving all the blessings here on earth and entering into His will and purpose for us now? I asked the Holy Spirit about this and this is what He said – ***“To do the will of God is to offer your bodies as a living sacrifice, holy and acceptable, to be used by Him in His Kingdom for the sake of Christ’s body (the Church) - for this is your reasonable service (Romans 12:1-2). The will of God is to give. The will of man is to receive. Gods will for man is to give. My will is also that you become more Christ-like. When you make Jesus your Lord and Saviour you are giving Him permission to change you into His likeness. While this transformation is taking place I give you keys to aide in the process which can then be used to help others. Seeking, learning, giving. You are used in your imperfections and also after you are perfected.”***

**(PRAYER)** – “Father God I repent in Jesus name for seeking and doing my own will, my own ideas and my own ways. I repent for ‘expecting’ and ‘manipulating’ You to do my will also. Help me to fulfil Your will for me. I want to mirror Jesus when He spoke

'Not my will but Yours be done'. Jesus became a living sacrifice which was Your will for Him and Your will is for me to do the same. I pray for strength and endurance so that I can do the will of God which is to offer my body to You as a living sacrifice for the sake of Christ's body (the Church) - holy, and acceptable to God which is my reasonable service. These things I pray in Jesus name, Amen."

***Sacrifice – I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God (Romans 12:1-2, NKJV).***

***I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me (Galatians 2:20, NKJV).***

***And whoever does not bear his cross and come after Me cannot be My disciple (Luke 14:27, NKJV).***

***So likewise, whoever of you does not forsake all that he has cannot be My disciple (Luke 14:33, NKJV).***

***Blessed is the man who endures temptation; for when he has been approved, he will receive the crown of life which the Lord has promised to those who love Him (James 1:12, NKJV).***

***Greater love has no one than this, than to lay down one's life for his friends (John 15:13, NKJV).***

For the last three years I had been going through a health trial with God. Doing Ministry for others while I was really struggling was hard going but I kept hoping for the promise I had received from God that I would be in perfect health. Many times I wanted to stop ministering because of how hard it was for me but the Lord insisted I trust Him and keep going. After visiting two days ago with a skin specialist to be told that I had skin cancer on my forehead (Lord not another thing) as well as other solar keratosis spots from sun damage I came home with ugly sores over my face, chest and hands after treatment feeling like a leper. I was sitting on my bed feeling sorry for myself when I heard the words ***"You were wounded for their transgressions."*** "What" I replied, "No You were wounded for their transgressions, not me." He then spoke ***"You still have to go through the cross. Laying down your life for another isn't about simply 'doing things', it is emotional and physical as well. 'He that doesn't pick up their cross and follow Me cannot be My disciple'. Each of My children have a purpose in Me. The greater the purpose the higher the sacrifice. Your purpose is great. Your sacrifice is high. How can you belong to Me and be one with Me if you don't walk in My shoes? You have to walk a mile in My shoes. You have people God has designated to you as the people you will reach, heal and love in My name. My power working through you will make them whole. These people need you and to do what it is you are called to do means you have to sacrifice for them – just as I sacrificed for you, and them.***

**(See 2 Corinthians 1:3-7). Sacrifice – not many I have called are willing to walk in My shoes. Not many I have called are willing to lay down their lives for another. To lay down your life means just that – to be willing to give up ‘self’ for another. This is now where you are walking. You have been called to a Ministry but before you can truly be who I called you to be – you need to accept the cost and decide if it is worth it. The suffering does not last forever – nor is it a punishment – it is a crucifixion of self to be moulded into the Christ-like born again sinless creation I have purposed you to be. After the suffering comes the Glory! The Glory is for today. Many teach the glory comes after physical death. It is not – it is for now. There will be many Christ-like children walking the earth. Many false – Christs also wandering the earth. Only through the spirit of discernment can we know the counterfeit from the real. My children will bring glory to me – the counterfeits will glorify themselves. ‘I am’ they will say. A new generation is coming forth, mighty in power with My anointing. People need to hear your story – they need to know the cost for a true disciple. Does this mean those who won’t be a sacrifice don’t go to Heaven? Of course not – but those who do accept will have a face to face encounter with Me. Suffering doesn’t last forever. It is the testing and the refining. I cannot fully utilise those who haven’t allowed Me to test them. It is painful, yes it is, but to be My disciple you need to walk in my shoes. I have chosen you to walk in My shoes – will you accept?”**  
**But whoever keeps His word, truly the love of God is perfected in him. By this we know that we are in Him. He who says he abides in Him ought himself also to walk just as He walked (1 John 2:5-6, NKJV).**

After pondering for a while thinking ‘oh my gosh how much more worse can this get’ I decided to put my trust in God and prayed the following prayer: - “Lord Jesus You sacrificed everything for me. Lord Jesus I am willing to lay down my life and sacrifice all that is needed for others. Lord Jesus I am a living sacrifice for You and for Your Kingdom. I lay down my life for You, and I lay down my life for others. I am willing to be a vessel that You have sanctified and filled with Your life-giving power so that I can be a blessing to others who need You. I love You Lord Jesus and praise Your wonderful name!” Afterward I had a vision of the Lord placing a large golden crown on my head. **“This is the crown of life”** He spoke to me. I then got handed a large key. **“This is the keys to My Kingdom. Whatever You bind on earth is bound in Heaven and whatever you loose on earth is loosed in Heaven (Matthew 16:19). Not until you are truly a disciple do you get handed the keys. The next part of your walk in Me will be easy. I have given you My yoke which is easy (Matthew 11:30).”**

**Running From God** – Are you keeping God at arm’s length? How many times in our lives have we been hurt by someone and not wanted to be around them anymore? Offence can cause us to withdraw from those who hurt us. How many times have we wanted help from God which wasn’t delivered when we wanted it so we ended up offended, hurt, angry, bitter and resentful at God? This of course can make us distance our self from Him. I have done this so often I have lost count. I love God with everything I have which is why it hurts so much when I believe He has let me down. I withdraw. I stop seeking Him, spending time with Him and I stop declaring and reading

the word. It isn't a control and manipulation tactic on my behalf, it is because I am hurt and disappointed. I am hurt that one who claims to love Me hasn't taken away my pain and suffering when I needed Him to. We as humans are a volatile lot – we react out of our emotions. How do we overcome this? My husband received a revelation and the key is in the following verse. ***Trust in the LORD with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths (Proverbs 3:5-6, NKJV).*** 'In all your ways acknowledge Him and He will direct your paths'. The word acknowledge means to 'admit the existence or truth of' and 'to recognise the importance or quality of'. When we distance ourselves from God we are no longer acknowledging Him so He can no longer direct our paths. We need to repent for withdrawing and in our times of need we need to push in and 'run to God' and into the comfort of His arms (even when we can't feel them). This is part of what worshipping in spirit and truth looks like. Running 'to' and 'not away' from God even when we think He is not answering. Acknowledging Him for who He is and not for what He can do for us. Continuing to believe and trust in God's goodness even when we can't see it. God will test your heart. He wants to sift the chaff from the wheat – to see those who are after His heart. ***Draw near to God and He will draw near to you (James 4:8, NKJV).***

**(PRAYER)** – “Father God I repent for running from You. I repent that I took offence, and in my hurt distanced myself from You. I love You, I acknowledge You and declare that You alone are an awesome God. You are mighty and You are trustworthy. I repent for not trusting You and for not trusting in Your timing. Guide my paths dear Lord and show me the way. Illuminate the path. Steer me in Your direction and bring me into the most sacred place – Your heart – the Holiest of Holy place where I can experience the fullness of Your presence dear God, Amen.”

**Fear of Being Hurt** – For as long as I can remember I have always feared pain and feared being hurt. I have spent the majority of my life avoiding things that could result in an accident. Fear had become even worse once I had children as I spent my whole life protecting them and looking for dangers so I could eliminate them and keep my children, my husband and me safe. This meant I prevented them at times from being normal kids. When I was first born again and received the Holy Spirit many people around me kept telling me to let go and trust God. They would tell me to trust God to keep us safe. I was not able to live a normal carefree life because of this fear and I know that I trusted more in the fear of 'what if' more than I trusted in God for His protection. When people spoke this to me I couldn't understand why they had no fear because in reality I knew many Christians that were having bad things happening to them all the time. It looked to me as though God wasn't protecting them. How could I trust Him when He seemed to be failing in His job at protecting other Christians? During this time the Lord would ask me frequently if I trusted Him. My idea of Him wanting me to trust was that I had to believe nothing bad would happen to me or my loved ones, because God would protect me always. It seemed impossible to me so I would always answer God truthfully that I didn't fully trust Him. God had told me years earlier that I wouldn't be healed of my health issues until I trusted Him because not trusting Him was unbelief. This seemed to me to be a case of 'Oh well I might not ever receive my healing then'. I made it my mission to try and trust Him but I kept

failing. I desperately wanted to have an encounter with Him where He would tell me that nothing bad would happen to me, and those whom I loved ever again, and that He would protect us from all harm. This went on for many years.

One day as I was busy about my home something dawned on me – had I put an unrealistic expectation on God that He could never fulfil? I wanted an assurance that nothing bad would ever happen again to me or to those whom I loved. I based trusting God on this major thing. The Bible is full of Scriptures promising Gods unfailing protection but it is also full of Scriptures promising us that we will face many trials, tribulation, persecution and pain. I concentrated on the promises of unfailing protection and waited for that assurance. I had a fear of being hurt – I did not want any more pain in my life so I had been hoping that one day God could give me that reassurance, so then I could trust Him. It never came.

I prayed to God and said “How will I ever trust you when you can’t guarantee that bad things will never happen to me and those whom I love. I know when I get to Heaven all pain and suffering is taken away but while I am on this earth in this fallen earthen vessel you can’t give me this guarantee can you. Everyone tells me to trust you, but trust you how? Trust you to do what? I don’t know how to let go.” The Lord answered **“You are correct. Until one leaves this fallen world I cannot give you this guarantee, but living in fear of being hurt is what I can remove from you.”** “How” I answered, “When You can’t guarantee I won’t ever be hurt?” The Lord spoke, **“Jesus came to earth knowing his fate. He ‘feared not’ right up until the time when He asked me to take the cup of suffering away from Him. The realisation of what was about to take place caused Him anguish. He chose My will and not His and in that choice I was able to give Him strength, power and peace to do what I called Him to do. This is the key. Do not fear what may happen to you. Accept My ways and ask Me to give you what you need. My ways are higher than your ways and many need to accept this. Many are the afflictions of the righteous, But the Lord delivers him out of them all (Psalm 34, 19, NKJV). It is not My will that you suffer but it is My will that you are set free from your suffering, and through those keys of being set free you can then set others free. For so long you have feared being hurt instead of trusting Me to supply your need during the ‘hurts’. Trust is about believing I want to help you, love you, comfort you and deliver you from the hurt. Your trials which cause hurts are for you to become more Christ-like. During this time of transition you will be set free so you can glorify Jesus and help set others free. Not everyone knows Me. You overcome the devil by the Blood of the Lamb and by the word of your testimony. Your testimony is a crucial part of glorifying Jesus and saving the lost and setting free those who are bound. How can you have a testimony if I have not put My favour upon you? What better way than through freedom from an affliction. What have you held back from Me? What is an unyielded area? Your fear of pain. You fear pain so much that it has become a stumbling block. You cannot move ahead until you give it to Me. Once you give Me your fear of pain and fear of being hurt you are accepting that I won’t always prevent things happening to you that are for the greater good. Anytime that there is pain or hurt involved you can always trust Me to equip you with what you need to get you through. This is My promise to you. This is going to be the hardest thing for**

*you to let go off because you fear what will come next. I promise to protect you from all events that cause suffering if it is not for a greater purpose. That is a big promise. Nothing can happen to you that I am not in control of. Trust Me in this. I have chosen you to unleash My glory upon to show a fallen world that the only way is Jesus. I have chosen you as a light that shines in the darkness to show the lost the way. Many believers are believing things that are untrue. Unrealistic expectations – they want a God who only does what they deem as ‘good’. What I view as ‘good’ and what the world views as ‘good’ are not the same. I see beyond, I see the end result, I see the full picture. Many of My children are shrouded in a false sense of security believing nothing bad can happen to them. This can make them become unwise – they believe they are untouchable and can enter into things outside of their sphere of protection. Behold, I send you out as sheep in the midst of wolves. Therefore be wise as serpents and harmless as doves (Matthew 10:16, NKJV). This unrealistic expectation of Me makes many fall away. When one is enveloped in a false sense of security and the trials come they believe I have failed them and walk away. They go on to never accomplish what I am doing through them or for them.*

*Loving God is loving God in His entirety – choosing to still trust Me and follow Me amid the trials and tribulations. Seek Me and you shall find Me – always. I will always provide for you an escape. I will never fail you, nor let you fall. Freedom is on the other side of your obedience. Work with Me and not against Me. Trust Me in the things you do not understand. On the other side of your suffering is freedom. Freedom reigns. I am Your God and you are My daughter. My love has no limits. It is limitless. My love is something that has no end. I cannot promise you that you will have no tribulation while you are in this world, but I can promise you that I will never leave you nor forsake you. These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world (John 16:33, KJV). I can promise you that I am for you and not against you. Everything I do is for you, but not only that everything I do ‘in you’ and ‘through you’ is also for your fellow brothers and sisters. If you trust Me and allow Me to work in you I can equip you with your every need – no matter what the cause. I am no respecter of persons. I love you all equally. I have chosen you My daughter for carrying My message. The true message of Christ. I never said it would be easy for the road to God is narrow, there are stumbling blocks and pitfalls along the way, but I have sent you a comforter, a protector, and one who will guide you on your way. Stay close to Me and never let Me go. Trust in Me always, in all things and I will never let you down.”*

In light of what He showed me I came to the following conclusion. We have to come to a place where we understand God is God and His ways are higher than our ways and although we may not like how He does things at times, we have to accept that there is a reason for everything and that He knows best and to continue to trust Him in this process. In view of being afraid of the suffering we have to go through to be perfected into a Christ like creation the good news is the Bible says that you ‘suffer for a while’ then He makes you perfect and settles you. ***But the God of all grace, who hath***



**called us unto his eternal glory by Christ Jesus, after that ye have suffered a while, make you perfect, stablish, strengthen, settle you (1 Peter 5:10, KJV).** Also the more He removes the blockages from you, the less access the enemy has over you, so the less the enemy can do to hurt you. God wants to bring us to a place where we are so refined and protected beneath His wings that although there is calamity around us nothing can harm us. Only through allowing Him to remove these things from us gets us closer to that place of love, joy and peace.

**(PRAYER)** – “Father God in Jesus name I have feared pain and suffering and in this fear I have tried to believe and trust that being a Christian protects me from this. This is not reality Lord and today I see that. I have been hoping in something that while I am in a fallen world, in an earthen vessel can never be. I let go of this. I give to You my fear of pain, my fear of being hurt and my fear of suffering. I trust You not to let anything bad happen to me and my loved ones that isn't for a greater purpose in You. I trust that if anything comes my way that may cause affliction that You will give me the tools to overcome. I believe that You are for me and not against me. I believe you love me and my loved ones, and want the best for us. Thank You Jesus for being my rock, my friend, my protector and my provider. I command fear of bad things happening to me, alongside fear of pain, fear of being hurt and fear of suffering to go immediately in Jesus name. I speak the healing power of Jesus Christ into every wound and affliction I have suffered. Thank You for the afflictions you allow that are for my good and for the good of the Kingdom, Amen.”

***For I know the thoughts that I think toward you, says the LORD, thoughts of peace and not of evil, to give you a future and a hope (Jeremiah 29:11, NKJV).***

***My brethren, count it all joy when you fall into various trials, knowing that the testing of your faith produces patience. But let patience have its perfect work, that you may be perfect and complete, lacking nothing (James 1:2-4, NKJV).***

***And we know that all things work together for good to those who love God, to those who are the called according to His purpose (Romans 8:28, NKJV).***

**A Burden Shared is a Burden Halved** – I was going through a health trial and had been to many doctors and tried many things, all of which either didn't work or made me worse. I had prayed, been delivered of many things and declared the word of God, but still no freedom. One particular day I was feeling very bad, so bad in fact I was afraid I might die. The Lord spoke – ***“Are you really afraid you might die from this? Why, when I have already shown you what your purpose is in Me?”*** I answered, “It's the ‘what if's’ again Lord.” He spoke, ***“I am going to tell you something that will change your life. And lest I should be exalted above measure by the abundance of the revelations, a thorn in the flesh was given to me, a messenger of Satan to buffet me, lest I be exalted above measure. Concerning this thing I pleaded with the Lord three times that it might depart from me. And He said to me, “My grace is sufficient for you, for My strength is made perfect in weakness.” Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me. Therefore I take***

*pleasure in infirmities, in reproaches, in needs, in persecutions, in distresses, for Christ's sake. For when I am weak, then I am strong (2 Corinthians 12:7-10, NKJV). You have prayed and asked Me many times to take this suffering away. This tied My hands, do you know why? You feel the suffering of others. This is a gift you are carrying. Just like Paul I have given you a thorn in your flesh. This thorn is the burdens of others. You are empathetic, just like Jesus. Empathy is defined as a highly sensitive person who is in tune with another's needs. You are carrying the burdens of all those I have called you to set free in My name. The more souls you have been destined to reach the greater the burden you must carry. You asked Me to remove this from you but I could not, until you had outworked your purpose in Me. Do you know what your purpose is in Me? Isaiah 61. This is your calling. I had to put the burdens of others on you. You accepted when I asked you to be a living sacrifice for Me. Just as Christ carried your burdens I need for you to carry the burdens of others. Bear one another's burdens, and so fulfil the law of Christ (Galatians 6:2, NKJV). Lay down your life for My sake. Lay down your life for others. By this we know love, because He laid down His life for us. And we also ought to lay down our lives for the brethren (1 John 3:16, NKJV).*

*All of the burdens for mankind was laid upon Jesus. When you enter into Jesus your burden is laid upon Him, and in turn His burden is laid upon you. Come to Me, all you who labour and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light" (Matthew 11:28-30, NKJV). (The word here for burden in Greek is phortion and means load, obligations Christ lays upon His followers). My burden is light because it is shared. Partnership in Christ. As you enter into covenant with Christ you are entering into partnership with His load. My burden is for the Church. You and me. This is what it is all about. A burden shared is a burden halved. Now you understand. This was never about you. It was about your walk in Christ and what I have called you to do. Laying down your life for My sake and laying down your life for the Brethren. This is what Paul spoke - I now rejoice in my sufferings for you, and fill up in my flesh what is lacking in the afflictions of Christ, for the sake of His body, which is the church, of which I became a minister according to the stewardship from God which was given to me for you, to fulfil the word of God, the mystery which has been hidden from ages and from generations, but now has been revealed to His saints (Colossians 1:24-26, NKJV). Christ's body is the Church. When you lay down your life for Christ's sake you lay down your life for His body, which is the Church. You enter into covenant with Christ and into covenant with His sufferings. (The word suffering is pathema in Greek and means affliction in which Christians must undergo on behalf of the same cause). For to you it has been granted on behalf of Christ, not only to believe in Him, but also to suffer for His sake, having the same conflict which you saw in me and now hear is in me (Philippians 1:29-30, NKJV).*

***For we who live are always delivered to death for Jesus' sake, that the life of Jesus also may be manifested in our mortal flesh. So then death is working in us, but life in you. (2 Corinthians 4:11-12, NKJV).***

***If we endure, We shall also reign with Him. If we deny Him, He also will deny us (2 Timothy 2:12, NKJV).***

***But Jesus answered and said, "You do not know what you ask. Are you able to drink the cup that I am about to drink, and be baptized with the baptism that I am baptized with?" (Matthew 20:22, NKJV).***

***Yet indeed I also count all things loss for the excellence of the knowledge of Christ Jesus my Lord, for whom I have suffered the loss of all things, and count them as rubbish, that I may gain Christ and be found in Him, not having my own righteousness, which is from the law, but that which is through faith in Christ, the righteousness which is from God by faith; that I may know Him and the power of His resurrection, and the fellowship of His sufferings, being conformed to His death, if, by any means, I may attain to the resurrection from the dead (Philippians 3:8-11, NKJV).***

***It is not My will that you suffer. It is My will that through your suffering many will be saved (Sozo – healed, set free and made whole). But may the God of all grace, who called us to His eternal glory by Christ Jesus, after you have suffered a while, perfect, establish, strengthen, and settle you (1 Peter 5:10, NKJV).***

***Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our tribulation that we may be able to comfort those who are in any trouble, with the comfort with which we ourselves are comforted by God. For as the sufferings of Christ abound in us, so our consolation also abounds through Christ. Now if we are afflicted, it is for your consolation and salvation, which is effective for enduring the same sufferings which we also suffer. Or if we are comforted, it is for your consolation and salvation. And our hope for you is steadfast, because we know that as you are partakers of the sufferings, so also you will partake of the consolation (2 Corinthians 1:3-7, NKJV).***

***Many religions are all about self. Self-empowerment and self-gain. This is what makes Christianity different from all those other religions. Christianity is about self-sacrifice and becoming more like Me. It is about laying aside your needs for the needs of another. It is about laying down your life for the Brethren. For whoever desires to save his life will lose it, but whoever loses his life for My sake will find it (Matthew 16:25, NKJV). When you seek first the Kingdom of God and His righteousness everything else will be added unto you! (Matthew 6:33)."***

What is interesting about Christ's burden is that the burden on Him becomes light when we share it with Him, and the burden on us becomes light when we enter into

His rest. We don't enter into His rest until we have ceased from our own works which is allowing the flesh to be crucified in Him!

When I first got this revelation I was quite astounded. Most of the teachings I had come under was that Christ did it all for us so we don't have to suffer – the main teachings were all about entering into the blessings. Another belief is that God would never put suffering on someone. God brought my attention to **John 9** when Jesus healed the blind man and His disciples asked if it was caused by his parent's sin or his sin. Jesus answered neither, it was so the works of God could be made manifest in Him.

People tend to have an unrealistic view of God. We are supposed to love all of Him – not just the parts that suit us as to who He is, and ignore or make excuses for the parts we don't like. He has taught me that loving Him is accepting Him and continuing on in Him even when what He is doing looks bad to us. God is a good God and everything He does is so it will benefit all of His children – not just one or two. Deciding to follow Christ is not an easy road but I can guarantee it will still be the single best decision one could ever make.

**(PRAYER)** – In Jesus name I forgive You Father God for giving me a thorn in my flesh. Thank You for choosing me to help others. Thank You for trusting me with your power to reach others. Thank You that when I became one with Christ I entered into His sufferings for the sake of His body (His church). A burden shared is a burden halved. I give My burdens to You Lord Jesus and in turn I receive the burdens of Christ's body upon me which is for the Church. Thank You that Your burden is light and that Your yoke is easy. Thank You that these sufferings are for only a while then I will be glorified in You. ***The Spirit Himself bears witness with our spirit that we are children of God, and if children, then heirs—heirs of God and joint heirs with Christ, if indeed we suffer with Him, that we may also be glorified together (Romans 8:16-17, NKJV).*** I share in Your sufferings which mean I also share in Your glory. Thank You for Your glory. In Jesus name, Amen.”

\*\*\*\*\* Pray in tongues daily for the release of the burden God has put upon you \*\*\*\*\*

**PLEASE NOTE:** - Don't assume that all burdens (afflictions) you may carry are what God has given you for His glory. Satan can also lay upon us counterfeit burdens which are not for us to carry. Refusing to give up sin in our lives is another reason we can carry things that cause suffering. The key is fellowship with Christ, seeking Him and His direction at all times.

**Giving Thanks in all Things** – ***In everything give thanks: for this is the will of God in Christ Jesus concerning you (1 Thessalonians 5:18, KJV).*** A few years ago someone once told me to give thanks to the Lord in all things, even when times were bad. I remember after this I went to Him in tears and rattled off all the things I was struggling with and thanked Him for each one. Feeling like this was nonsense and not at all 'normal' I decided from there on in to look only for the good 'within' the bad and thank Him for that instead.

Fast forward to the present day I had a visit from a friend who informed me that the message he was currently receiving was to give thanks in all things. He then showed me what he said and how he said it – *‘I praise you and thank You Lord for allowing these bad things that are happening to me so your greatness can be outworked’*. I listened and it really resonated with me. I had never had it explained to me in this way before. He went on to say that this was worshipping in spirit and truth, as it is trusting God that He is in control of everything and would turn any trial, circumstance and affliction for good. He also said that he believed this was a ‘Sacrifice of Praise’.

***Therefore by Him let us continually offer the sacrifice of praise to God, that is, the fruit of our lips, giving thanks to His name (Hebrews 13:15, NKJV).*** I wrote down what he told me and prayed it.

Not long after this I heard the Lord say ***“I have a word for you.”*** Armed with pen and paper I sat down to record what I received. This is what I heard – ***“Why does God allow bad things to happen to good people? God uses good people who He can trust to display His glory through. The more you are willing to sacrifice yourself for God the more He can use you. He will never give you more than you can handle. You think you can’t handle it, but you can because He is holding you up through it all. Many things we cannot understand – we are not called to understand them, we are called to trust Him no matter what we see. Worshipping in Spirit and Truth. Allowing Him to use you through the trials and tribulations for His glory, for His purpose. God will use you for good. This means bad things can happen to good people because He trusts you. If God trusts you, then it is time to trust Him. It is time to praise and thank Him for allowing bad things to happen to you for His greater purpose to work in you and through you. If you allow Him to do this you will reap the benefits at the end along with a multitude of other people whom God has chosen to benefit from all He has done through you. Thank God in all things – this means thanking Him for the trials. My brethren, count it all joy when you fall into various trials, knowing that the testing of your faith produces patience. But let patience have its perfect work, that you may be perfect and complete, lacking nothing (James 1:2-4, NKJV).***

***And He said to me, “My grace is sufficient for you, for My strength is made perfect in weakness.” Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me. Therefore I take pleasure in infirmities, in reproaches, in needs, in persecutions, in distresses, for Christ’s sake. For when I am weak, then I am strong (2 Corinthians 12:9-10, NKJV). Thank Him for the things that afflict you. Thank Him for His glory that will shine through you because of these things. Thanking God through these times is not easy. Giving thanks is giving praise. Praise is a weapon, it dismantles the enemy. It dismantles their power over you. The enemy wants you to not trust God. They want you to believe it is too hard. They want you to believe He will never come through. When you start praising and thanking Him instead of partnering with the devil who wants you to mistrust Him, you will enter into a whole new realm of trust with Him. You will start to believe because praise releases faith in Him.”***

**(PRAYER)** – “Father, Son and Holy Spirit I praise You and thank You for every trial, affliction and bad thing that you allow to come my way so Your greatness can be

outworked. Thank You that Your glory will shine through because of these things. I repent for complaining. I repent for partnering with unbelief, mistrust, doubt, fear, anger and hatred toward You. I repent for believing You are a bad God because I have been battling bad things. In everything that is bad, You can turn for good because You are an almighty God. I trust You, I love You. I praise You because You are a good God. You are a blessing. I bless You, I bless myself, I bless my family, I bless our business, I bless our Ministry, I bless our lives, I bless our futures, I bless the present, I bless all in the name of Jesus Christ. Again I praise You Father, Son and Holy Spirit. I thank You for all the blessings You have given me. I thank You for all the bad things You have allowed that are to be a blessing in my life and in the life of others. I praise You, I praise Your wonderful name, Amen.”

**Vagabond Spirit** – A vagabond spirit is one who becomes a fugitive, wandering from place to place. I once ministered to a lady who fitted this description and sought the Lord as to the root of her problem. He showed me that a Gypsy had cursed her bloodline to wander aimlessly and that this had happened because an ancestor had mocked and berated that Gypsy. Another reason we may pick up a vagabond spirit is where we have inherited gypsy spirits within our bloodline. A gypsy is a member of a travelling people traditionally living by itinerant trade and fortune telling. Gypsies speak a language (Romany) that is related to Hindi and are believed to have originated in South Asia.

**(Prayer)** – “In Jesus name I repent on behalf of myself and bloodline for all those who were Gypsies and entered into occult practices. I repent for all those who were Gypsies and cursed others. I break those curses and replace them with blessings in Jesus name. I repent for myself and bloodline for any mocking, belittling and berating of Gypsies. I forgive every gypsy that put a curse on me and my bloodline and I bless them and their descendants in Jesus name. I break those curses and I break the curse to become a fugitive wandering from place to place in Jesus name. I command the spirit of vagabond and the gypsy spirit and anything else with you to go from me in the name of Jesus Christ. I pray Lord Jesus that my roots would go deep in You and that You would lead and guide me to where You want me to be. I pray that You would ground me in Jesus name, Amen.”

**Post Deliverance Infilling Prayer** - “I break every curse over my life from preconception to the present day in the name of Jesus Christ. I ask Father God that every curse would be replaced with a blessing. In the name of Jesus and by the stripes He bore on His body I pray for healing within every area of my spirit/soul and body. (*Pray specifically for all ailments*). I command all misalignments to come into divine order in Jesus name. I cast out the spirit of infirmity in Jesus name. I cast out fear, shock and trauma in Jesus name. I command every fibre, every cell and every part of this body to come into divine order. I command all pain to leave in Jesus name. I pray for a creative miracle in all areas where body matter needs to be regenerated. I command all cells, cell structure, DNA, RNA, and all parts of the spirit/soul and body not to remember all traumas in Jesus name. I pray for the fire of God to burn off all

remaining remnants and dross in Jesus name. I command every demon who has access to me to leave immediately in Jesus name. With the blood of the lamb I seal all doorways closed to the demonic and declare that demons can only exit and not re-enter. I bind the demonic doorkeepers and terminate their assignment against me in Jesus name. I ask for the Holy Spirit to infill with light all areas that were once dark in Jesus name. I pray for a hedge of protection to be placed around me and for any holes to be repaired in Jesus name. Thank You Father God in Jesus name for delivering me".